VANDERHEYDEN
Giving new life to youth, adults and families

Empowering Hope and Resilience

VANDERHEYDEN’S MISSION
TO EMPOWER YOUTH, ADULTS AND FAMILIES
TO BUILD BRIGHTER FUTURES
Greetings Dear Friends,

**SUPERHEROES work at Vanderheyden.** Last year at this time, we were all dealing with the new “normal” during the pandemic. As an essential business, Vanderheyden continues with the on-going protocols for health and safety in all our programs to ensure that those we serve, and our Team Members, remain well.

Since Vanderheyden was established in 1833, so much history has taken place – the Civil War, two World Wars, the depression, Civil Rights and so much more. We have endured history and will continue to prevail through COVID-19. What has not changed, is our organizations’ dedication to work every day to meet the challenges of life and empower youth, adults and families to build brighter futures.

As we continue our programs to serve youth, adults and families, we are thankful to our amazing staff who serve 24/7, 365 days a year. They tirelessly support more than 500 youth, adults and families in educational, residential and numerous community programs to carry out our mission of changing lives to saving lives.

This year we are thrilled to return to our agency’s roots and to grow our Community Services programs with offices in the heart of downtown Troy. We continue our telehealth platform to assist our families enrolled in our home support programs and are now expanding to in-person visits. Our educators and administrators continue to identify the most effective way to provide special education to those at risk of not succeeding at school. In all, we have built a culture where our mission and values are our passions.

On behalf of the Vanderheyden Board of Directors and myself, we sincerely thank our Team Members, Donors, Community Partners and Volunteers for their dedication and support to Vanderheyden in 2020-2021. As we continue to adjust to a new normal in an unprecedented time, one thing is for certain – we are #VANDERHEYDENSTRONG.
WHO WE ARE

Vanderheyden is recognized as one of the premier youth, adult and family service agencies in the Capital Region of New York, serving over 500 individuals and families each year. For more than 185 years, we have been providing programs and services to youth and adults from over 30 counties in New York who:

- Have been abused, neglected or abandoned.
- Have emotional, academic and behavioral challenges.
- Have developmental disabilities.
- Are caring for a special needs child or individual at home.
- Are seeking to make sure their children and individuals get the care and services they need to stay healthy with managed behavioral health services and/or comprehensive care management services.

SERVICES

Vanderheyden offers a wide range of programs and services to youth, adults and families through various residential programs at our main campus in Wynantskill, New York, and in the Capital Region community as well as community-based supportive services and programs that encompass a wide geographic area.

YOUTH

- Campus Residential Treatment Center
- Seven cottages in a home-like setting for youth ages 12-21.
- Diagnostic Respite Center that provides up to a 90-day assessment for youth 12-21 who are in crisis.
- In 2020-2021, there were 56 admissions into the RTC, with an average length of stay of 363 days. The RTC had 57 discharges.
- The highest referrals to the RTC came from the NYC Department of Education followed by Albany DSS, Schenectady DSS, Saratoga DSS, Ulster DSS, Rensselaer DSS, Dutchess DSS, Columbia DSS and Herkimer DSS.

EDUCATION

Our fully accredited Richard A. Desrochers Educational Center offers grades 7-12 programs for 96 students that live on our campus, in group homes, and day students that live in the surrounding communities.

- Students can earn a Regents, a local, and/or a Career Development and Occupational Studies Commencement Certificate (CDOS).
- Students with multiple disabilities may earn a Skills and Achievement Commencement Credential (SACC) in an intensively staffed learning environment, while acquiring vocational and job skills with an onsite job coach and transition coordinator.
- Building teacher and student skills and competence using technology, specifically the Google Classroom platform.
- The addition of 1:1 Chrome Books for each student is enriching the learning environment at Vanderheyden.
- Career readiness and pre-vocational skills are a focus for all of our high school students.
- Student employment numbers are back on the rise as we transition to a safer COVID 19 school and community settings. We anticipate having 38 students working on and off campus in the next few months. We will continue to make sure our students, staff, and community members are adhering to the COVID precautions while in the work environments.
- Our data supports that our clubs and after school activities provide students with an opportunity to highlight their talents and interests. We have also found that these activities motivated our students to work to their potential and to improve and maintain positive behavior in order to participate in these afterschool clubs and activities. We anticipate opening up our clubs and activities when we can do so responsibly and safely in light of the pandemic.
YOUTH
Vanderheyden offers two group home residences: One for Males age 12-21 years of age live in Troy under the regulation of NYS Office Children Family Services. These young men attend local schools in Troy/Questar/Boces educational programs. The individuals receive services that include life skill training including how to look for a job, how to write a resume, job seeking skills, etc. The individuals participate in recreation within the residence and in the community. Services also include individual counseling, family counseling, and crisis management services. Young adults also are involved in community activities such as Taekwondo, guitar lessons, etc.

The other group home is co-ed for 12-21 years of age who are dually diagnosed - mental health and developmental disability. The individuals attend local schools in Troy/Questar/Boces educational programs. The individuals receive services that include life skill training, therapeutic recreation assistance. Services also include individual counseling, family counseling, clinical groups and crisis management services. Young adults also are involved in community activities and events.

Vanderheyden also has a Community Living program to meet the needs of young adults 16-21 years of age. These young adults receive support from staff to help them thrive in the community while living in an apartment. The young adults receive support to learn and practice the necessary skills needed to live on their own once discharged from foster care at the age of 21. The young adults in this program attend local schools in Troy/Questar/Boces, local community colleges, trade school or work in the community. The individuals work and/or go to school and receive services that help them gain needed skills to live independently in the community.

ADULTS
Vanderheyden offers a range of care for individuals with intellectual/development disabilities who are eligible for services.

**Individualized Services and Support (ISS):** Ensures individuals can live independently by providing funds to pay for housing costs and on a limited basis start up costs of items needed to move into their home for identified individuals. These individualized services include more opportunities for self-direction and independence. ISS is a residential program that supports and assists individuals who are capable of living independently with minimal assistance.

**Day Habilitation Programs:** The programs promote building skills in the areas of relationship building, community inclusion, self-advocacy and overall greater independence. **There are two opportunities for Day Habilitation** - one is with walls, the other without walls, both provide community based volunteer and recreational experiences that build skills and develop competencies. Individuals in the Day Hab with walls program are on site in East Greenbush. Here the day program combines community based skill development activities with an in-house program based learning activities. Individuals have the opportunity to stay in the program for the day participating in house activities such as cooking/baking, wellness activities, arts & crafts and have the opportunity to go out for planned activities in the community. The with walls program has census of 12 with 10 on average coming to program.

The Day Hab without walls program is out in the community each day. The individuals participate in activities in the community such as local fairs, work at Volunteer sites such as Hope 7 in Troy, local churches and thrift stores. Individuals served in 2020-2021 without walls were 12, with many COVID restrictions the program closed temporarily and was able to re-open.

**Community Habilitation program** provides support to adults and children throughout the Capital Region in achieving desired outcomes related to integration, socialization, productivity and overall independence. Services assist individuals who live independently or at home with family learn about and experience community based activities. Community habilitation can be provided at home and in the community. Team Members assist the individuals to learn skills they need to live safety and more independently. Residential Community Habilitation services are also provided to individuals who reside in a certified OPWDD (Office of People With Developmental Disabilities) site. Services are provided in the community to assist with community integration, provide opportunities for skill building, and work towards personal goals.
Residential Opportunities/Services:

Vanderheyden has 6 supervised Individual Residential Alternative homes - Glens Falls, Averill Park, Schodack, Troy, East Greenbush and Rensselaer. Our programs serve individuals with all levels of skills and disabilities and are designed to provide individualized experiences. Team Members provide support with activities of daily living assistance and community inclusion. Individuals participate in a variety of different activities in the community and attend a variety of different programs during the day - from day programs to receiving residential community habilitation. We served 54 individuals in 2020-2021.

The agency also has a Community Support Individualized Alternative (CSIRA) program. This program provides apartments in Troy and Glens Falls where adults and their families receive the level of support they need to continue to thrive. We provide residential services and supports to individuals. Services include assistance with activities of daily life, socialization activities, grocery/menu planning, meal preparation, recreational opportunities, apartment maintenance and nursing services. Individuals live independently with staff support. We served 2 families, 13 individuals.

Residential Community Habilitation program provides support to adults throughout the Capital Region living in an OPWDD residence and need additional supports to achieve desired outcomes related to integration, socialization, productivity and overall independence and person centered. Services assist individuals who live in an IRA to learn about and experience community based activities. Staff help the individual's practice skills and improve skills needed to live safely and more independently working towards personal goals, meet people, take part in community activities and be part of the community. Residential Community habilitation services are also provided to individuals who reside in a certified OPWDD site. Services are provided in the community to assist with community integration, provide opportunities for skill building, and work towards personal goals. Service hours: over 2,000 hours of Residential Community Habilitation were provided, 8,065 units from July 2020-June 2021.

FAMILIES:

Community Habilitation to OPWDD eligible children/youth provides support to families with children with developmental disabilities throughout the Capital Region in achieving desired outcomes related to integration, socialization, productivity and promote independence and are person centered. Community Habilitation is provided at home and in the community. Team Members assist children/young adults to learn and keep the skills they need to live safely in their community and become more independent, work towards personal goals, and take part in community activities. Service hours: over 26,000 hours of Community Habilitation was provided, 10,701 units from July 2020 to June 2021.

Health Home Care Management Services for children and youth: A community based care management service model whereby all of a child’s caregivers & providers communicate with one another so that all of the social, physical, and behavioral needs are addressed in a comprehensive manner. This is done by dedicated Care Manager who oversees the child’s care and provides support and access to all the services needed to keep the child healthy & out of the hospital.

We started January of 2020 with 92 clients and the program has continued to increase their census monthly and the census is currently 153. We partnered with Hoosick Street Pediatrics and in the last year partnered with 3 more Pediatric providers: Community Care (Gansevoort), Capital Care (Troy), and the Mental Health Association of Columbia/Greene County. We now have a Care Manager based at the Mental Health Association. One of our successes is a young adult who has overcome many obstacles and graduated high school and is now enrolled and participating in an LPN program.
Endia’s Story

“I worked with Vanderheyden for over 3 years. Vanderheyden assisted me in planning out my future educational goals and career path. A positive experience I had with Vanderheyden was that they helped make sure everyone was on the same page as far as my plans and accommodations for school. They provided guidance, advocacy, and encouragement.

Currently I am a recent high school and cosmetology school graduate with plans to attend nursing school in the fall for LPN degree. Vanderheyden also works with my brother who is 12 and they assist with medical and school issues for him. The people we’ve worked with have been easy to talk to and always offer help and offer ideas.”

Endia and her brother are two outstanding stars from the Health Home Program. Throughout their time in the program, both have made progress in their individual goals, and have shown growth. Endia has been able to improve communication skills with her mom and brother, along with the process of deciding on a career path. Endia’s brother has made strides in his literacy goals, and their mother is a wonderful advocate for her kids.
COMMUNITY PARTNERS AND VOLUNTEERS

Alexander, Frank A.
Almy, Guy
Alonge, Guy
AmazonSmile Foundation
Ambient Environmental Inc
American Clothing Recycling Co., Inc.
Anderson, Gerald A.
Anthony, Sarah
Arakelian, George
Bailey, Douglass
Baniak, Paulette
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Carpenter-Palumbo, Karen
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Gillian, Dawn
Giordano, Lisa
Gorka, Danielle
Gould, Becki
Greagan, Christopher
Greene, Kevin
Groff, Lauren
Haldeman JR, Richard
Hamel, Sheryl
Hannahford
Hannahford Helps Schools Program

Harris, Lori Anne
Hausmann, Susan
Hayner, Pamela
Heller, Paula
Henderson, Alisa
Higbee, Barbara
Hijazi, Ahmad
Hinkle, Patricia
Hoagland, Kevin
Hom, Robert
Horan, Denise
Hoult, Annette
Huang, Kirk
Hugh Johnson Advisors LLC
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Hunni, Robert
Integra HR LLC
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Jacobs, Mary
Jenkins, Joanne
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Jones, Kimberly Sanger
Joseph P. Mangione; Inc
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Kaltenborn, Jr, H.S. and Marilyn
Keegan, Mark
Keimer, John
Keller, Alexi
Kelly, Emily L.
Kelly, Georgia
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Koester, William
Lafeur, Cindy
Lajeunesse, Debbie
Lavigne, Deb
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Liney, Grace
Macielak, Paul
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Mahoney, Ruth
Mappes, Linda
Marangoas, Theresa
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Miller, Tami
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Mohawk Honda
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N&L Auto Body
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Neil-Jane-William-Estelle Golub
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New York Insurance Association
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O'Connell, Donna
Odashian, Harry
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Panichi, John
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Pelletier, Stephanie
Perone, Kimberly
Phelan, Elaine
Phillips, Sharon
Pierce, Ellen
Piombino, John
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Psinos, Maura
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Raisig, Dale
Rasmussen, Paul
Raub, Scott, Jennifer
Regan, Catherine
Regan, Jennifer
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Reichard, John And Marilyn
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Repeal Business Systems
Rivet, Randy
Rivell: Brennan, Maryann
R-J Valente Gravel Inc
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Rogers, Keith
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Russo, Patrick
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Sahm, Robert
Saile Group
Sampson, Jennifer
Sandhaas, Jill T.
Schaffer, Patricia
Schreiner, William
Schwab Charitable
Shamlian, Toros
Shannon, William
Sharp, Joseph
Shepard Communication Security
Simons, Thomas
Smith, Barbara
Smith, Bethany
Smith, Joe
Smith, Lisa
Sorensen, Tammy
St George, Krista
St. Barbara's Ladies
Sterling Environmental Engineering PC
Stewart's Shops
Stewart's Shops Foundation
Stone, James
Stopera, Paula
Strycharz, Michael
Swankey, Brenda
Taconic
Tangora, Heather
Taormina, Peter
Tauriello, John
The Benevity Community Impact Fund
The Louis Weinberg Foundation, Inc.
The M&I Charitable Foundation
The Robinson Family Foundation
TL Metzger & Associates LLC
Tonko, Paul
Toolan, John
Touhey & Kathleen Simmons, Virginia
Ungerman, Susan
Van Warner, Kimberly
Vandenburgh, Ronnie
Venduro, Jen
Villedenuve, Lisa
Viscusi, Joella
Warren W Fane Inc
Warren, Brian
Weigert, Jenny
Weisberg Family
Westfall, Kenneth
Whitman Osterman & Hanna LLP
Wiley A. Wiley Land Surveyor
Wiley, Stephanie
Wilmingtom Trust
Wilmot, Martha
Winston, Paul
Wm. J. Fagan & Sons
Wolf, Lisa
Wolfgang, Robert
Yudkevich, Cathy
Zebrowski, Matthew

Thank you to all our donors and volunteers between July 1, 2015 to June 30, 2016.

VANDERHEYDEN'S MISSION
TO EMPOWER YOUTH, ADULTS AND FAMILIES TO BUILD BRIGHTER FUTURES
FINANCIALS

Vanderheyden
Net Income/(Loss) From Operations*
For Year Ending June 31, 2021

*Results of operations pending 2020-2021 audit.

REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Counties</td>
<td>$8,949,521</td>
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<tr>
<td>School Districts</td>
<td>$4,089,384</td>
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<tr>
<td>Federal and State Government</td>
<td>$8,872,710</td>
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<tr>
<td>Endowment- Gains, Dividends</td>
<td>$278,000</td>
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<tr>
<td>Contributions and Fundraising</td>
<td>$374,555</td>
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<td>SBA PPP Loan Forgiveness/PRF Funds</td>
<td>$4,439,327</td>
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<td>Other Revenue</td>
<td>$295,724</td>
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Total Revenue: $27,299,221

EXPENSES

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<th>Program</th>
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<td>Education</td>
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<tr>
<td>On Campus Residential Services</td>
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<td>Off Campus Community Based Services</td>
<td>$8,909,465</td>
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<td>Administrative Expenses</td>
<td>$1,987,438</td>
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<td>Actuarial Losses for Defined Benefit Plan</td>
<td>$(1,241,377)</td>
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<td>Other Program Expenses</td>
<td>$430,430</td>
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Total Expense: $21,150,001

Net Income/(Loss): $6,149,220

FUNDING SOURCES

Vanderheyden’s work and its $23 million budget is funded by:

- NYS Education Department
- NYS Office of People with Development Disabilities
- NYS Office of Children and Family Services
- New York State Department of Health

*Results of operations pending 2020-2021 audit.