

2019-2020

## ANNUAL REPORT



# VANDERHEYDEN

*Giving new life to youth, adults and families since 1833*

• **Family Focused** • **Trauma Informed** • **Community Based**



Our Pawling Avenue Group Home in Troy, New York

Donna Abbott-Vlahos



**VANDERHEYDEN'S MISSION  
TO EMPOWER YOUTH, ADULTS AND FAMILIES  
TO BUILD BRIGHTER FUTURES**







## WHO WE ARE

Vanderheyden is recognized as one of the premier youth, adult and family service agencies in the Capital Region of New York, serving over 500 individuals and families each year. For more than 185 years, we have been providing programs and services to youth and adults from over 30 counties in New York who:

- Have been abused, neglected or abandoned.
- Have emotional, academic and behavioral challenges.
- Have developmental disabilities.
- Are caring for a special needs child or individual at home.
- Are seeking to make sure their children and individuals get the care and services they need to stay healthy with managed behavioral health services and/or comprehensive care management services.



## SERVICES

Vanderheyden offers a wide range of programs and services to youth, adults and families through various residential programs at our main campus in Wyncatskill, New York, and in the Capital Region community as well as community-based supportive services and programs that encompass a wide geographic area.

### YOUTH

- Campus Residential Treatment Center
- Seven cottages in a home-like setting for youth ages 12-21.
- Diagnostic Respite Center that provides up to a 90-day assessment for youth 12-21 who are in crisis.
- In 2019-2020, there were 47 admissions into the RTC, with an average length of stay of 599 days. The RTC had 45 discharges.
- The highest referrals to the RTC came from the NYC Department of Education followed by Albany DSS, Schenectady DSS, Saratoga DSS, Ulster DSS, Rensselaer DSS, Dutchess DSS, and Kingston CSE.

### EDUCATION

Our fully accredited Richard A. Desrochers Educational Center offers grades 7-12 programs for 96 students that live on our campus, in group homes, and day students that live in the surrounding communities. We currently have 83 students, 78 in person, and 5 remote instruction students. We have 15 teachers employed, 14 in person, and 1 remote/virtual teacher. Rounding out our educational team, we have 56 employees in the school contributing to the continued success of those students we serve.

- Students can earn a Regents, a local, and/or a Career Development and Occupational Studies Commencement Certificate (CDOS).
- Students with multiple disabilities may earn a Skills and Achievement Commencement Credential (SACC) in an intensively staffed learning environment, while acquiring vocational and job skills with an onsite job coach and transition coordinator.
- Building teacher and student skills and competence using technology, specifically the Google Classroom platform.
- The addition of 1:1 Chrome Books for each student is enriching the learning environment at Vanderheyden.
- Career readiness and pre-vocational skills are a focus for all of our high school students.
- Student employment numbers are back on the rise as we transition to a safer COVID 19 school and community settings. We anticipate having 38 students working on and off campus in the next few months. We will continue to make sure our students, staff, and community members are adhering to the COVID precautions while in the work environments.
- Our data supports that our clubs and after school activities provide students with an opportunity to highlight their talents and interests. We have also found that these activities motivated our students to work to their potential and to improve and maintain positive behavior in order to participate in these afterschool clubs and activities. We anticipate opening up our clubs and activities when we can do so responsibly and safely in light of the pandemic.



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## SUPERVISED LIVING – IN OUR COMMUNITY

### YOUTH

- Males and females ages 12-21 live safely in two group homes in Troy under the regulation of the New York State Office of Children and Family Services.
- Vanderheyden has a co-educational hard-to-place group home where the individuals attend local schools/Questar/Boces/Middle School High School and receive services that include life skills, building and relationship development, individual counseling, family counseling, counseling groups and crisis management services.
- Vanderheyden has an all-male group home that serves 13-21 years. The individuals receive support to learn skills necessary to live on their own when they are discharged at age 21. The youth live at Vanderheyden and work and/or go to school, and receive services that include valuable life skills development, building and relationship development, individual counseling, family counseling, counseling groups and crisis management services.
- Vanderheyden expanded its supervised independent living program to meet needs of referring counties and individuals to live with support. The young adults live in the supervised independent living program apartments, with support to learn skills necessary to live on their own when they are discharged from foster care at the age 21. They work and/or go to school and receive services that include valuable life skills development.

### ADULTS

#### Day Services

- Day Habitation Without Walls is a five day a week program that provides community-based volunteer and recreational experiences that build skills and develop competency.
- Volunteer sites included Meals On Wheels, Hope 7 in Troy, Atria Communities and the Albany City Mission. Other volunteer opportunities included local churches and thrift stores.
- The Day Habilitation with Walls program opened in January 2019. This program combines community-based skill development activities with in-house program-based learning activities.
- The program serves adults with intellectual/developmental disabilities in a day program who are eligible for this service. The activities in the program promote building skills in the areas of appropriate behavior, relationship building, community inclusion, self-advocacy and independent travel and overall greater independence.

The Residential Community Habilitation is for individuals living in a supervised OPWDD (Office for People with Developmental Disabilities) residence. A team member works with the individual to access resources and support to be part of the community. Last year, over 4,234 units were provided over 1,058 hours of service were provided. On average 8 individuals have been served.

The Community Habilitation Program provides support to adults and children throughout the Capital Region in achieving desired outcomes related to integration, socialization, productivity and overall independence. Individuals living in their own homes or in the homes of family members are able to receive community habilitation services with trained and compassionate staff in one to one setting. Examples of supports include: assistance in making healthy lifestyle choices, community inclusion and socialization activities. Community habilitation provides supports which can help to foster and maintain independence and overall well-being through our person centered services while remaining flexible to meet needs of the individual. Services can occur in the home or in the individual's community.



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The Community Support Individualized Residential Alternative (CSIRA) program provides apartments in Troy and Menands where adults and their children receive the level of support they need to continue to thrive. We provide residential services and support to individuals, services are between 2 – 20 hours of staff support per week. Services include assistance with activities of daily life, socialization activities, recreational activities, apartment maintenance, money management and nursing services. Individuals live independently with staff support. Serving 13 individuals and their families with children.

Vanderheyden has 6 Supervised Individualized Residential Alternatives (IRA): Glens Falls, Averill Park, Schodack, Troy, East Greenbush and Rensselaer. Our residential programs serve individuals with all levels of disability and are designed to provide individuals with individualized experiences. Staff provide support with activities of daily living assistance, community inclusion. Serving over 37 individuals.

## FAMILIES

Community Habilitation is a community-based service for children and adults who live in the community. A team member works with the individual to access resources and support to be part of the community. Over 1,254 hours of service were provided in 2019/2020. Fourteen individuals were served over the year.

Services began on January 1, 2019 for children who can benefit from the new NYS Children and Family Treatment Support Services (CFTSS.)

- Children and youth who are covered by Medicaid and have mental health and/substance use needs can get CFTSS
- CFTSS Services are intended to support and stabilize a child in the community
- Services are delivered in their natural environment including, home, school or other community setting
- We served over 115 children and families over the last year providing 5 different services:
- Other Licensed Practitioner (OLP), Community Psychiatric Supports and Treatment (CPST), Psychosocial Rehabilitation (PSR), Youth Peer Advocacy and Family Peer Advocacy.

Our care managers through Health Homes served over 90 families over the last year and still growing. Care Management – NYS Health Home Care Management Services for Children and Youth:

- Children/Youth must meet all eligibility requirements to be considered for enrollment. The criteria: Child/youth currently has active Medicaid and the child/youth resides in one of the following counties: Albany, Schenectady, Rensselaer, Saratoga, Columbia, Greene, Warren and Washington.
- Child/Youth must also meet the NYS Department of Health Eligibility Criteria of two or more chronic conditions for example Substance Use Disorder, Asthma, Diabetes.

**Or**

- One Single Qualifying Chronic Condition of HIV/AIDS or a serious emotional disturbance OR complex trauma. Child/Youth has significant behavioral, medical or social risk factors which can be addressed through care management.
- Care Management services are voluntary and the youth and/or parent/legal guardian are asked to consent during the outreach and engagement process. The Care Manager works not only with child/youth but all who are in the family and works to provide support and stability to family while re-connecting with providers to ensure child/ youth health.

### Individualized Services and Support (ISS)

- Ensures individuals can live independently by providing funds to pay for housing costs and on a limited basis such things as food, transportation and clothing. These individualized services include more opportunities for self-direction and independence. Individuals Supports and Services (ISS) is a residential program which supports and assists individuals who are capable of living independently with minimal assistance. The ISS program has provided financial and as needed based assistance and program supports to 3 individuals over the year. This has assisted these individuals in continuing to live independently in their own apartment through assistance in monthly rent payments to support individuals to continue to live on their own in their community.



*The Emerald Circle clients at CAP COM Financial Services provided a 2019 Holiday Party that our individuals attended along with a family from our Health Home program.*



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## COMMUNITY PARTNERS AND VOLUNTEERS

Tammi Albanese  
Shirley Alix  
Raimundo Archibold  
Brian Bailey  
Douglass and Janet Bailey  
John & Paulette Baniak  
Monice Barbero  
Michael Barrett  
Elizabeth Bartley  
Susan and Floyd Barwig  
Mark Bisaillon  
Eugene Brady  
Peter Braffman  
Deirdre Brodie  
Robert Bruno  
Cathy Calhoun  
Karen Carpenter-Palumbo  
Salvatore and Denise Castiglione  
Kevin Catalano  
Victoria Chase  
Christine and Douglas Childrose  
Douglas Clark  
Melissa and Brian Clement  
Erika Colacino  
Brent Collins  
Robert Collins, Jr  
Wayne Comer  
Joyce Connery  
David Coonrad  
Nicole and Marc Corbett  
Laura Daigle  
Deborah Dallas  
Sarah Dallas  
Joanne Dambrosio  
Stacy Davis  
Nan Davis  
Daniel De Federicis  
Stephanie/John Defrees  
Christina and Alex Dell  
Frank Dembo  
Deborah Demers  
Laura Dillon  
Suzanne Douglass  
Lori Eason  
Desiree Farley  
David and Diane Fazioli  
Cindy and John Ferra  
James Firanda  
Elizabeth Fitzgerald  
Albert Freihofer

Meighan Frye  
Alyssa Fucci  
Aaron Gaza  
Mark Gedded  
William George  
David Gillan  
Dawn Gillan  
Danielle Gorka  
Becki Gould & Family  
Stephanie Gray  
Christopher Greagan  
Michael Haber  
Keith Halpin  
Stephen Haraden  
Deborah Harmon  
Jim Harris  
Joan Hayner  
Scott Hogan  
Denise and David Horan  
Liya Huang  
Kirk Huang  
Patrick Hughes  
Matthew Jachym  
Marita Jadlo  
Kimberly Jones  
E Stewart Jones  
Michael Keegan  
Patrick Kelly  
Georgia Kelly  
William and Audrey Koester  
Debbie Lajeunesse  
Paul Macielak  
Barbara LaMarche  
Miki LePage  
Debra LaPress  
Richard and Jean Lauricella  
Kristen Lopez  
Craig Love  
Anita Luke  
Linda Madsen  
Ruth Mahoney  
Dan Maney  
Lou and Grace Manico  
Linda & Gordon Mappes  
Sandra Mardigian  
Kabanga Mbuyi  
George and Ann McAvoy  
Margaret McGowan  
Jodie McLean  
Jill McMullen

Caroline Melkonian  
Tracy Metzger  
Tyler Michalak  
Rose Miller  
Linda Miller  
John Morley  
John and Laurie Mooney  
Michael Morrell  
Lisa Nappi  
Martha Nero  
Cullen O'Brien  
Julie O'Connor  
Harry and Kathleen Odabashian  
Denise Palumbo  
John Panichi  
Kasey Papa  
Jody Pasinello  
Lauren Payne  
Elaine and William Phelan  
Brittany Piccolo  
Richard and Joanne Porter  
Brian Powell  
Eric and Theresa Pratt  
Guy Prisciandaro  
Maura Psoinos  
Joann Quinn  
Catherine Regan  
Deborah Rickert  
Nicole Rifembary  
Esther Bronte Roman  
Rosemarie Rosen  
Deborah and Joe Ruggiero  
Patrick and Amy Russo  
Theresa Russo  
Ken Ryan  
Maston Sansom  
Toros Shamlian  
William Shannon  
Amy Shufon  
Kathleen Simmons  
Robert and Susan Simons  
Theresa Skaine  
Bethany Smith  
Andrea Smyth  
Tammy Sorensen-Wellington  
Leslie Stein  
William Stewart  
James Stone  
Paula and Frank Stopera  
Lori Tambasco

Peter Taormina  
Jocelyn Tameta  
Heather Tangora  
John and Nola Tauriello  
John Toolan  
Virginia Touhey  
Jeannine Trimboli  
Mary Valek  
Bernice VanZandt  
Tom Walsh  
Kay Weir  
Barbara Williams  
Jenny Wiegert  
Liza Wolf  
Madelyn Wolf  
Cathy Yudzevich  
Theresa Zubretsky  
**BUSINESSES/  
ORGANIZATIONS**  
Airosmith Development  
Action Window Cleaning  
Albany & Troy Lions Club  
Alexis Diner  
AmazonSmile Foundation  
Ambient Environmental, Inc.  
American Clothing Recycling Co., Inc.  
Benetech  
Benevity Community Impact Fund  
Brown & Weinraub PLLC  
Brunswick Church  
BST & Co. CPAs, LLP  
Callanan Industries, Inc.  
CAP COM Federal Credit Union  
Carbone Subaru of Troy  
Catholic Charities of the Diocese of Albany  
CDPHP  
CDTA  
Charles E Bessey Charitable Trust  
Colonie Center  
Community Care  
Community Foundation  
Council of Family and Child Caring Agencies (COFCCA)  
Crisafulli Brothers  
Defreestville Fire Department  
DelSignore Paving  
Enterprise Fleet Management, Inc.  
Evangelical Lutheran Church  
Everything UR Foundation

Fenimore Asset Management, Inc.  
Ferra Automotive  
Ferra Property Management Inc  
Fidelity Brokerage Services  
Fidelity Charitable Gift Fund  
Finch Paper  
First Baptist Church of Hoosick Falls  
First Niagara Bank Foundation  
GE Foundation  
Hannaford  
Harvest Church  
Hoosick Valley Contractors, Inc.  
Hugh Johnson Advisors LLC  
i Heart Media, Inc.  
Integra HR  
JNB Advisors, LLC  
June's Beauty Salon, LLC  
Kasselman Electric Co., Inc.  
KeyBank  
Kiwanis of East Greenbush  
Logical Net Corp  
Louis Weinberg Foundation  
M&T Bank  
Marvin and Company PC  
McDonald For Assembly  
Mina Mooradian Award  
Mohawk Honda  
Momentive Performance Materials  
North Greenbush Youth  
Make a Difference Inc  
OrgStaffing Solutions LLC  
Pinnacle Human Resources LLC  
Pioneer Bank  
Price Chopper's Golub Foundation  
R.J. Valente Gravel, Inc.  
Renaissance Corporation of Albany  
Repeat Business Systems  
Rose & Kiernan, Inc  
Schwab Charitable  
SEFCU  
St.Basil Greek Orthodox Church  
Stewart's Shops Foundation  
Subaru of America, Inc.  
Taconic  
The Robison Family Foundation  
Ungerma Electric Inc  
United Way of the  
Greater Capital Region  
Warren W Fane Inc  
Whiteman Osterman & Hanna LLP



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# FINANCIALS

Vanderheyden  
Net Income/(Loss) From Operations\*  
For Year Ending June 30, 2020

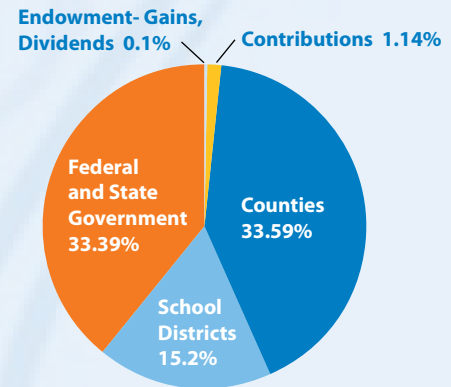
## REVENUE

|                               |                     |
|-------------------------------|---------------------|
| Counties                      | \$8,884,984         |
| School Districts              | \$3,748,527         |
| Federal and State Government  | \$8,333,885         |
| Endowment- Gains, Dividends   | \$89,688            |
| Contributions and Fundraising | \$285,756           |
| SBA PPP Loan Forgiveness      | \$3,279,700         |
| Other Revenue                 | \$339,692           |
| <b>Total Revenue</b>          | <b>\$24,962,232</b> |

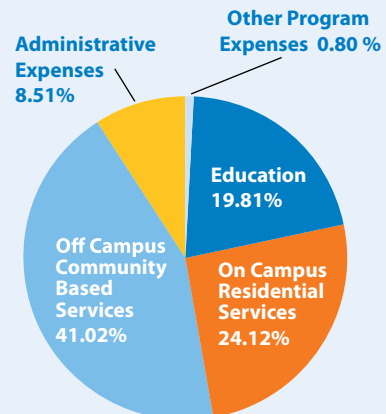
## EXPENSES

|   |                     |
|---|---------------------|
| Education                                 | \$4,804,593         |
| On Campus Residential Services            | \$5,851,807         |
| Off Campus Community Based Services       | \$9,950,529         |
| Administrative Expenses                   | \$2,064,066         |
| Actuarial Losses for Defined Benefit Plan | \$1,392,472         |
| Other Program Expenses                    | \$193,500           |
| <b>Total Expense</b>                      | <b>\$24,256,967</b> |
| <b>Net Income/(Loss)</b>                  | <b>\$705,265</b>    |

## Revenue By Source



## Expenses by Program



## FUNDING SOURCES

Vanderheyden's work and its \$22 million budget is funded by:

NYS Education Department  
NYS Office of People with Development Disabilities  
NYS Office of Children and Family Services  
New York State Department of Health

\*Results of operations pending 2019-2020 audit.



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MORE THAN  
**185**  
YEARS

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