



VANDERHEYDEN

Giving new life to youth, adults and families

MORE THAN
185
YEARS

ANNUAL REPORT 2022 - 2023



We are
**STURDY | SUSTAINING
SUCCEEDING!**

- ✓ Who we are
- ✓ Services
- ✓ The Vandy Thrift Shoppe

- ✓ Success Stories
- ✓ Community Partners
- ✓ Financials

Greetings Dear Friends,

On behalf of our Board of Directors, we sincerely thank our team members, donors, community partners, elected officials and volunteers for their commitment and support of Vanderheyden in 2022-2023. We continue to be Sturdy, Sustaining and Succeeding in our mission.

SUPERHEROES continue to work at Vanderheyden. We are extremely pleased of the work we do and the impact we make every day to those we serve. We are grateful to our amazing team members who are at work 24/7/365 days a year with dedication and passion. They tirelessly support our more than 700 youth, families and adults in New York state in educational, residential and community programs.

The Vanderheyden soon-to-be 190 year legacy in October is a story of changing lives to save lives. Please take a few minutes to review our 2022-2023 annual report.

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Laura Dillon
Chair of the Board



Karen M. Carpenter
President & CEO

Certification

Vanderheyden is certified by the Sanctuary Institute, a national organization committed to the integration of peaceful responses to trauma-induced behavior throughout every level of organizations that work with traumatized individuals. Our certification was a result of a multi-year effort to build a structure that incorporates seven principles into the day-to-day operations of Vanderheyden:

- Non-violence
- Emotional Intelligence
- Social Learning
- Open Communication
- Social Responsibility
- Shared Governance
- Growth and Change

Member of



Who we are...

Vanderheyden is recognized as one of the premier children, adult and family service agencies in the Capital Region of New York. For nearly 190 years, we have been providing services to youth and adults who:

- Have been abused, neglected or abandoned
- Have emotional and behavioral challenges
- Have developmental disabilities
- Are caring for a special needs child or individual at home

Services we provide...

Vanderheyden offers a wide range of programs and services to youth, adults and families through educational, residential and community-based programs throughout the Capital Region.

Education

Our fully accredited Richard A. Desrochers Educational Center offers 7-12 grade programming for 104 students that live on our campus, in group homes, or day students that live in the surrounding communities.

Students can earn a Regents, a Local, and/or a Career Development and Occupational Studies Commencement Certificate (CDOS). Students with multiple disabilities may earn a Skills and Achievement Commencement Credential (SACC) in an intensively staffed learning environment, while acquiring vocational and job skills with an onsite job coach and transition coordinator. A varied intensity of classroom settings is available to meet the many needs of all students. Vocational and job coach trainings are offered to enhance the growth and potential for students once they leave the program.

This Spring, The New York State Department of Education certified an increase in Public Education services in our Day Program. The compacity increased to 50 to serve the increasing demand in Special Education.

Residential Youth Program

The Residential Treatment Center (RTC)

Youth are referred to Vanderheyden for Residential Treatment through various sources: schools, courts, county agencies, and families. The RTC consists of seven cottages in a home-like setting for youth ages 12 - 21. One cottage serves as a Diagnostic Respite Center that provides up to a 90-day assessment for youth.

In 2022-2023, the RTC had 999 Referrals to all the OCFS and Day Programs. Vanderheyden services 30 counties of New York State. The highest referrals to the RTC came from the NYC Department of Education, followed by Oneida DSS, Onondaga DSS, Albany DSS & CSE, Gloversville CSE and Schenectady DSS. Vanderheyden provides 6 months of aftercare for DSS placed youth. In 2022 - 2023, The RTC had 47 admissions and 46 discharges.



Vanderheyden's Day Program Compacity increases to serve 50 students to meet the growing demand.



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TO EMPOWER YOUTH, ADULTS AND FAMILIES TO BUILD BRIGHTER FUTURES

Community Living

Vanderheyden provides several community-based unique experiences and supports.

The focus of OCFS services for 2023-2024

This year, Vanderheyden will continue to focus on education, life skills, community integration and employment. All 3 programs now have full time life skills specialist, to ensure our residents become independent and productive citizens.

Bessey Home

Bessey Home is a coed residence with enhanced staffing for individuals between the ages of 13 and 21. There is a full time Clinician and Case Coordinator to work with the individuals.

Rubin Home

Rubin is a male residence for ages 13-21 who each attend school in the community or work. Life skills groups occur with a full-time clinician.

Supervised Independent Living Program (SILP)

In 2022-2023, SILP expanded to serve 6 individuals. Vanderheyden relocated housing to Albany County and one apartment in Troy for program growth. All individuals attend college, a vocational program, or have jobs in the community.

The focus of OPWDD services for 2023-2024

This year, Vanderheyden will continue to grow and enhance our community-based programs. Vanderheyden will continue to explore residential opportunities that promote individuals living in the most integrated and independent environment.

Individual Residential Alternative Homes (IRA)

Vanderheyden has 6 supervised IRA's. These homes are located across the Capital Region in Glens Falls, Averill Park, Schodack, Troy, East Greenbush and Rensselaer. The IRA's have 5 to 8 individuals residing in the home, receiving support from staff 24/7. Our programs serve individuals with all levels of skills and disabilities and are designed to provide individualized experiences, community engagement and recreation.

Community Services Supportive Apartment Program (CSIRA)

Vanderheyden has 13 supported apartments within the Troy and Glens Falls area. Team Members provide support with activities of daily living assistance and community inclusion. Services include assistance with activities of daily life, socialization activities, grocery/menu planning, meal preparation, recreational opportunities, apartment maintenance and nursing services. Individuals live independently with staff support. We served 2 families, a total of 13 individuals.

Individualized Supports and Services (ISS)

ISS is a residential program that supports and assists individuals who are capable of living independently with minimal assistance. ISS ensures individuals can live independently by providing funds to pay for housing costs and opportunities for self-direction and independence.



Health Homes increased their census from servicing 92 clients to over 150!



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Habilitation

Vanderheyden offers a range of care for individuals with intellectual/development disabilities. The programs promote building skills in the areas of sustaining relationships, community inclusion, self-advocacy and overall greater independence. There are two opportunities for Day Habilitation - one is with walls, the other is without walls. Both provide community-based volunteer and recreational experiences that build skills and develop competencies.

Day Habilitation Programs

Vanderheyden provides Day Habilitation services on site and Day Habilitation without walls. The program started with 5 individuals in July of 2021. As of July of 2023, the program had 14 individuals.

Dayhab has a new community relationship with Bring on the Spectrum, an organization providing additional social, recreational and lifestyle activities for Vanderheyden's individuals. Dayhab without walls volunteers at various organizations such as local churches, soup kitchens and animal shelters. In November of 2022, Dayhab expanded their activities to offer music therapy twice a month.

Residential Community Habilitation Program

This program provides support to adults throughout the Capital Region living in an Office for People With Developmental Disabilities (OPWDD) residence. This program supports the individual to achieve desired outcomes related to integration, socialization and productivity.

Staff assist the individuals to practice and improve skills needed to live safely and more independently. They work towards personal goals and take part in several community.

Employment Services

Community Pre-Vocational Services

This program focuses on building work skills to assist individuals to gain competitive employment within their local community. The program began with 3 individuals 2 days a week in May 2022, and has grown to support 5 individuals 3 days a week. Individuals have learned about caring for animals through local rescues, retail at The Vandy Thrift Shoppe, and farming through a local micro green farm.

Vanderheyden now provides Supportive Employment job coaching. Jobs provides individuals who are competitively employed help with understanding their benefits and to maintain employment in the community.

Health Home Care Management

Health Home Care Management Services for Children and Youth

A community-based Care Manager ensures all of a child's caregivers & providers communicate with one another so that social, physical, and behavioral needs are addressed in a comprehensive manner. The program started in January of 2020 with 92 clients and has continued to increase their census. As of June 2023, the program serviced 152 children and families. Vanderheyden now has a full time Care Manager who works out of Hudson, New York.

In addition, Vanderheyden has partnerships with 2 Pediatrics offices:

CommunityCare Pediatrics (Gansevoort)-1 Care Manager there once monthly.

Hoosick Street Pediatrics (Troy)-Remote support available to clinic monthly.

CommunityCare Pediatric (Troy)-1 Care Manager there once monthly.

This year,
Vanderheyden
Provided 3,544
hours of services in
Residential
Community Hab!



This year,
Vanderheyden
provided 4,836
hours of
Community
Habilitation!



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The Vandy Thrift Shoppe

Celebrated one year of success in Downtown Albany

In its first year,

The Vandy raised \$150,000 to benefit Vanderheyden. The Vandy is part of the Vanderheyden's career training programs and is operated and managed collaboratively by Vanderheyden students, team members, and clients.

To meet the growing popularity, The Thrift Shoppe extended their hours to be open on Sundays, and until 6pm on Thursdays.

Job Skills Program - for all ages & skill levels

The Vandy Thrift Shoppe is attended by multiple programs across the agency on a weekly basis. The Pre-Vocational Program has around 3 -5 individuals attending each week. Vanderheyden's school sends different students each semester to the Thrift Shoppe.

A Vanderheyden Resident, Will, graduated from their Pre-Vocational Program, and is now working as a Vanderheyden employee at The Vandy Thrift Shoppe.



Pre-Vocational Program

You can find Laura, Annabella & Amanda each Friday at The Vandy Thrift Shoppe. The Vandy is one of many places they volunteer through their pre-vocational program. The pre-vocational program is for those receiving Vanderheyden services that want to learn jobs skills in preparation of joining the workforce. Their work at The Vandy consists of running the cash register, sorting clothes, pricing and organizing. They have different strengths that they were able to develop because of their time there. The three ladies are all best friends, and greatly appreciate being able to work with each other and grow together. Once they graduate, they all hope to one day be Vanderheyden Thrift Shoppe employees.

"The Vandy has taught me to keep myself calm, smile and put the customers first. It's given me the opportunity to meet new people and it has inspired me to work in retail one day and continue helping people." - Laura



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Ashlye's Story

Ashlye was a resident of Vanderheyden's Residential Treatment Center for two years and was discharged in June of 2022. Ashlye has made great strides to overcome all obstacles and graduated High School in her home district this year.

"I was placed into Foster Care when I was younger and bounced around to multiple foster homes before coming to Vanderheyden. I wasn't getting the services I needed from Foster Care, and I was brought to Vanderheyden to live in an all-girls cottage."

"Vanderheyden helped me realize that I needed to mature and work toward improving myself in order to have a bright future. My job coach at the school, Andrew, gave me opportunities to get a job, to focus on improving my customer service skills, and prepared me for adulthood and life after Vanderheyden. Jenn, my school staff, who also worked in my cottage pushed me to be better and stay in school."

Ashlye is attending college in the Fall, where she will live independently in a college dorm. She is looking forward to enjoying her newfound freedom. Ashlye is passionate about horses, and plans on attending school for Psychology and Equine studies. She hopes to work with children with disabilities and show them how enjoyable horseback riding is, as it has been very therapeutic for her. Ashlye loves to read, "anything but nonfiction!" and hanging out with her little brother.

Ashlye's advice for those coming to Vanderheyden: "Focus on you. Always speak up and stand up for yourself. Don't worry about things that won't matter in two years."



Jacob's Story

Jacob is a 14-year-old boy from Lansingburgh that is diagnosed with Down Syndrome and Autism. Jacob receives services through Vanderheyden's Health Homes and CFTSS Programs.

"I like being in the health home program because I was connected to some great workers" - Jacob

Jacob loves to rap, make music, and play basketball. Jacob is very friendly and loves making new friends and enjoys making people laugh. Jacob and his family are very close and try their best to support each other.

"I can't even put it all into words what this program has done for me. Health Homes has helped me and my children in so many ways. They support and motivate me and provided assistance in many different ways." - Bethzaida, Jacob's mother

"It's an excellent program and a great outlet. Jacob is one that use to run away in the past, but with these services that has cut down tremendously. He really enjoys going out with Sophie and being able to have therapy sessions at home." - Bethzaida



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Thank you to all our donors

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June 30, 2022 - July 1, 2023

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FAMILIES TO BUILD BRIGHTER FUTURES

FINANCIALS

Vanderheyden

Net Income/(Loss) From Operations*

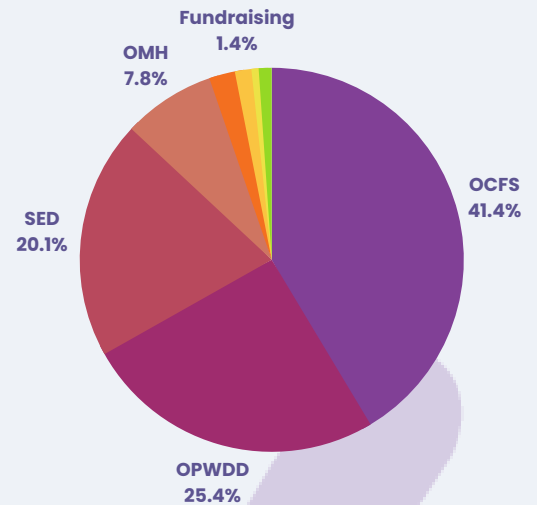
For Year Ending June 30, 2023

Revenue by program

NYS Office of Children & Family Services (OCFS)	\$11,406,349
NYS Office of People with Developmental Disabilities (OPWDD)	\$7,008,170
NYS Education Department (SED)	\$5,545,087
NYS Office of Mental Health (OMH)	\$ 2,144,463
Health Homes	\$600,815
Contributions and Fundraising	\$384,321
Endowment - Gains & Dividends	\$168,342
Other revenue	\$301,536

Total Revenue **\$27,559,083**

Revenue by program



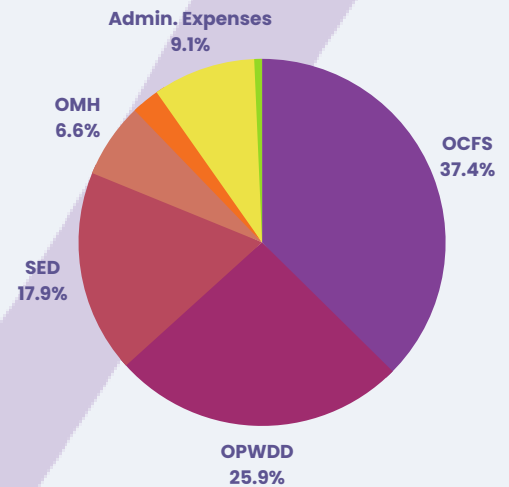
Expenses

NYS Office of Children & Family Services (OCFS)	\$10,113,369
NYS Office of People with Developmental Disabilities (OPWDD)	\$7,003,214
NYS Education Department (SED)	\$4,834,506
NYS Office of Mental Health (OMH)	\$1,788,754
Health Homes	\$666,391
Administrative Expenses	\$2,450,89
Actuarial Gains for Defined Benefit Plan	(\$247,711)
Other Expenses	\$184,888

Total Expenses **\$26,794,308**

Net Income/(Loss) \$764,775

Expenses

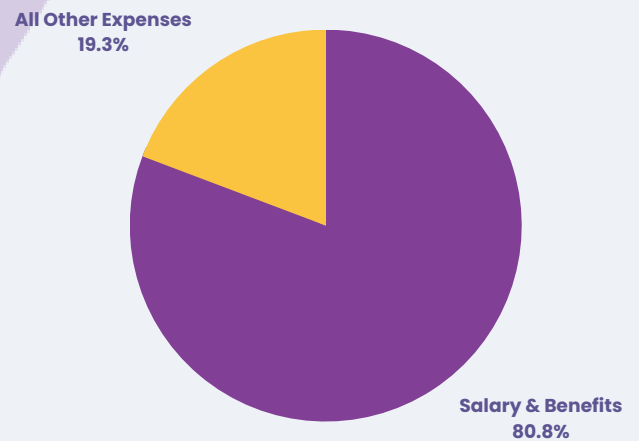


Agency Expenses (Salary/Non-Salary)

Salary & Benefits	\$21,635,987
All Other Expenses	\$5,158,321

Total Expenses **\$26,794,308**

Agency Expenses (Salary/Non-Salary)



*Results of operations pending 2022 - 2023 audit.



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VANDERHEYDEN

Giving new life to youth, adults and families



190th
ANNIVERSARY



Celebrating the past & imagining more!