ANNUAL REPORT

VANDERHEYDEN

Giving new life to individuals and families since 1833



VANDERHEYDEN'S MISSION

TO EMPOWER CHILDREN, INDIVIDUALS AND FAMILIES
TO BUILD BRIGHTER FUTURES

Vanderheyden

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ACCREDITATION

Vanderheyden is accredited by the Sanctuary Institute, a national organization committed to the integration of peaceful responses to traumainduced behavior throughout every level of organizations that work with traumatized individuals. Our accreditation was a result of a multi-year effort to build a structure that incorporates seven principles into the day to day operations of Vanderheyden:

- non-violence
- emotional intelligence
- · social learning
- open communication
- social responsibility
- shared governance
- growth
- and change.





WHO WE ARE

Vanderheyden is recognized as one of the premier children and family service agencies in the Capital Region of New York, serving more than 350 individuals and families each year. For more than 180 years, we have been providing programs and services to youth and adults who:

- · Have been abused, neglected or abandoned
- · Have emotional and behavioral challenges
- Have developmental disabilities
- Are caring for a special needs child or individual at home

OUR SERVICES

Residential Treatment Center

- 7 cottages house youth ages 12 21
- Diagnostic Center provides up to a 90-day assessment for youth 12 - 21 who are in crisis
- Crisis Respite allows parents, caregivers and youth time apart during a challenging time
- Residents in the cottages attend the campus school
- All youth receive services that include skill building and relationship development, counseling, and assessments of therapeutic, recreation, medical, psychological and family needs.

Registered Secondary Campus School

The Richard A. Desrochers Education Center is a fully accredited 7-12 grade program offering students a range of special education classes for those who are at risk for not succeeding at school.

• Each student has the opportunity to earn a Regents, a local or a career development and



- occupational studies commencement certificate (CDOS)
- Older students with multiple disabilities may earn a diploma in an intensivelystaffed setting, while learning vocational and job skills with an on-site job coach and transition coordinator

MEMBER OF





Community Services

Programs in the community offer an array of services to youth, teens, adults and families throughout the Capital Region, whose lives have been impacted by developmental disability, family disruption, abuse or neglect.

- Males and females ages 12

 21 live safely in two group
 homes where they attend school in the community and receive services that include life skills building and relationship development, counseling, family counseling and crisis management services
- Young adults live in the supervised independent living program apartments, with support to learn skills necessary to live on their own when they are discharged at age 21. They work and/or go to school and receive services that include life skills development
- Adults with developmental disabilities live in group homes with 24 / 7 support, care and supervision in the communities of Troy, Glens Falls, Averill Park, Schodack, Rensselaer and East Greenbush
- Individuals live in apartments in Troy, East Greenbush and Albany, receiving the level of support they need to achieve independence.

In addition:

- Families with a child with mental health issues received intensive supports to help the child thrive through the Home and Community Based Service Waiver program.
- Families / individuals with a developmental disability received over 500 hours of participation in the Community Habilitation program, which facilitates inclusion and participation in the community
- Individuals/ families received 4,680 hours of liaison work to assist them in accessing
 - needed services and resolving legal, education, and financial issues through Medicaid Service Coordination
 - Individuals age 21-51 participated in Day Hab Without Walls, a 5 day a week program that provides community-based volunteer and recreational experiences that build skills and develop competency.
 - Children in foster care received 971 hours of support through Bridges to Health, a program that includes skill building, employment help and job shadowing





VANDERHEYDEN AN ESSENTIAL RESOURCE TO AGENCIES STATEWIDE

In 2014-15, Vanderheyden received 636 referrals from 43 municipal entities throughout the state, including New York City.



DONORS

The lists below reflect community support to Vanderheyden between July 1, 2014 and June 30, 2015. We are grateful to all who have donated time and treasure during this time period, as well as to those who have supported us before and after the 2014-2015 fiscal year. We make every effort to honor every gift. If we missed honoring your 2014-2015 donation of any kind, please let us know so that we can express our thanks and correct our records.

Anonymous Tammy Albanese Kathryn Allen S. Anderson Mark Armstrong Doug and Janet Bailey John and Paulette Baniak Samone Baptiste Michael Barrett Joann Beach Angela Beddoe Matthew Bennett Barbara Blauboer Kathleen Brady-Stepien Christine and Paul Boyea Stephanie Bradshaw Jennifer Brice Deidre Brodie and Friends **Devon Buckley** Donna Buckley John & Lori Burt Deb Smith Butler Kathleen Caggiano Lynn Cardish and Friends Mary Beth Carman Karen Carpenter-Palumbo A. Caruso Susan Caruso Douglas and Christine Childrose Marilyn Clement Melissa Clement Pam Condon Preseton Cohen June Corina Donna Cramer-Shaker Betsy and Joe Crandall Vicki Crowder Kristen Cscentsy Nancy Davis **Edward Debonis** Christa Dell Lee Delona Tamara Demartino **Deborah Demers** K. Dercett Angelo DiCarlo Jeremy Dickinson Laura Dillon **Robin Doptis** Judy Doyle J. Druke Maria Dunning Lori Eason Mary Eaton

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Ken Zwicklbauer **Businesses/Organizations** Albany and Troy Lyons Club AmazonSmile Foundation Ambient Environmental American Clothing Recycling Co., Inc. American Mobile Dental Corp Arbonne International **Barrett Associates** Bella Napoli Bakery Bouchey & Clarke Benefits, Inc. Brickman, Inc Broadway Plaza Liquor Brown & Weinraub PLLC Brown's Brewing Company Brunswick Presbyterian Church CAP COM Federal Credit Union Capital District Physcians' Health Plan Callahan Industries, Inc. Carbonne Auto Group Clement Frame Shop & Art Gallery CNSE Children's Museum Committee To Re-Elect Jimino Crisafulli Brothers Daniel D. Purcell Funeral Home Dzembo's Dairy Enterprise Holdings Environmental Chemical & Equipment Co Inc Ferra's Automotive, Inc First Niagara Bank Foundation Fleet Feet Sports Albany Flower Bed Creations Maintenance and Repair

Girls and More GTM Payroll Services Inc Hannaford Supermarkets **Hugh Johnson Advisors LLC** John Ray & Sons Joseph P. Mangione, Inc. June's Unisex Hairstyling The Junior League of Troy Key Bank The Ladies Philoptochos Society Chapter 78 Troy Marvin and Company **Mattress Xpress N&L Auto Body** Network for Good Northshire Bookstore NYSUT **Opusfidelis** Our Lady of Victory Outback Steakhouse, Albany Price Chopper Golub Foundation **Primitive Peddlers Proctors** Raymour & Flanigan Robert Half International Inc./ Accountempt Rose & Kiernan Rumors Salon and Spa SEFCU Senior Housing Knitters SEIU Local 1199 Sephora Siena College Six Flags Southwest Airlines Spiral Designs St.Basil Greek Orthodox Church St. Jude's Altar Rosary Society Wvnantskill Stewart's Shops Sycaway Bicycle Sales & Services T.G.I Fridays Taconic The GE Foundation The M&T Charitable Foundation The Robinson Family Foundation Troy Bike Rescue Twin Town Warriors Travel Baseball

Thank you to all our donors and volunteers!

James Stone

Eric Streiff

VOLUNTEERS

Candace and David Ellis

Larry and Sheila Emminger

Individuals and Groups

College of St. Rose Edward Smith Emma Willard Hudson Valley Community College Kathy Pacik Keith Hoffman Marsha Sereno Outback Steak House Albany RPI
Sage Colleges
Siena College
Schenectady Chapter of Therapy
Dogs International
Sue Bell
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FINANCIALS

Vanderheyden Net Income/(Loss) From Operations* For Year Ending June 30, 2015

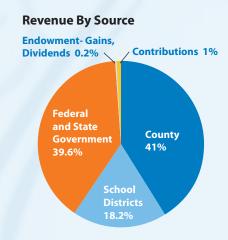
\$106,089
\$50,489
\$7,436,433
\$3,413,342
\$7,764,704

Net Income/(Loss)	\$149,543
Total Expense	\$18,621,517
Other Program Expenses	\$61,588
Administrative Expenses	\$2,277,677
Off Campus Community Based Services	\$6,726,556
On Campus Residential Services	\$5,596,966
Education	\$3,958,727
EXPENSES	

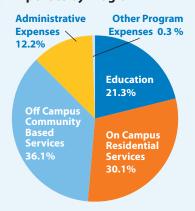
FUNDING SOURCES

Vanderheyden's work and its \$18 million budget is funded by:

NYS Education Department
NYS Office of People with Developmental Disabilities
NYS Office of Children and Family Services
New York State Department of Health



Expenses by Program



^{*}Results of operations pending 2014-2015 audit

VANDERHEYDEN...IN TRANSFORMATION

In 2014, Vanderheyden applied for and was selected by The Alliance for Strong Families and Communities to be part of a national cohort of 15 providers across the country proactively responding to trends in how services are structured and delivered. This is an exciting opportunity for Vanderheyden to build on its ongoing efforts to provide the highest quality treatment and care for youth, adults and families dealing with trauma, developmental disability and/or mental health issues.

The benefits derived from this effort are twofold: It will enable Vanderheyden to keep pace with industry trends and community needs which are shifting away from residential treatment centers to the provision of services to families in their communities. In addition, it will position Vanderheyden for the impending managed care environment in which providers will be reimbursed based on outcomes rather than fee for service.

As part of this supported group of providers, Vanderheyden invited all staff and board members to participate in the development of a three year strategic Transformation Plan. The plan identifies three goals and quarterly benchmarks by which to evaluate progress. Implementation of the plan began January 1, 2015. Vanderheyden has three Transformation work groups that each focus primarily on one overarching goal; Increasing Family Engagement, Increasing Integration within the Organization, Staff Support and Training. However, all three Transformation work groups cross-pollinate across projects and tasks toward the universal goal: As a family focused, trauma-informed, and community based provider expand our role with families and communities.

Increasing Family Engagement -

Vanderheyden is committed to a shift in the locus of care from residential facilities to homes and the community, and from a child-centric approach to treatment of the entire family. While there will always be individuals who require residential treatment, many others can live at home or in the community when adequate supports are provided. To do this, we are both broadening our definition of family and identifying what additional services families need to provide a safe and nurturing environment for their children. A range of initiatives seek to embrace families as part of the treatment team.

Increasing Integration Within the

Organization – Vanderheyden is committed to building communication pathways and data systems that will facilitate the integration of our services and service providers across the organization. This effort will require not only the transformation of our service delivery system but of our organizational culture.

This group is charged with breaking down organizational silos and implementing a shift to a work culture in which everyone is a team member, working together towards to the goal of supporting healthy families.

To accomplish this the group is identifying new service offerings and funding sources.

Vanderheyden is committed to family focused, trauma informed, and community based system of care. **Staff Support and Training** –Vanderheyden is committed to providing the training and support necessary for its staff to feel safe and to thrive as the changing environment creates demand for new skills and work settings.

Vanderheyden has a robust training department which provides extensive orientation and training for new staff, ongoing mandated training throughout the year, and optional training by which staff can increase their skill set and compensation. The Staff Support and Training work group is charged with determining what new and additional training needs to be implemented to prepare staff for working more directly with families in the community.



