

CFTSS Services:

Available to Medicaid insured individuals from birth to 21 years old. Referral required

OLP (Other Licensed Practitioner): These services are provided by a licensed mental health practitioner (Licensed Clinical Social Worker, Licensed Master Social Worker, Licensed Mental Health Counselor, or Licensed Marriage and Family Therapist). OLP services include licensed evaluation and assessments of individual/family needs and strengths, psychotherapy, and crisis interventions. Sessions are typically one hour long and focus on clinical goals written by a licensed mental health practitioner at the time of treatment plan development. OLP providers can facilitate individual, group, and family counseling. Services take place in the client's home or in the community. Service delivery may seem unconventional, however, OLP providers are proficient in incorporating skill building and clinical interventions into fun, interactive activities (such as games).

CPST (Community Psychiatric Supports and Treatment): These services provide goal directed supports and solution focused interactive counseling. Providers of these services have at least a bachelor's level education and assist individuals in practicing their clinical goals in realistic situations. Services are typically one and a half hours long and take place in the individual's home or in the community. These services allow an individual to practice clinical skills in real-time, utilizing social interactions, game play, and activity-based interventions to build appropriate social responses and coping skills. Individuals who struggle with traditional forms of clinical interventions may do well with CPST, as it is more interactive than OLP.

PSR (Psychosocial Rehabilitation): These services are hands on support interventions intended to teach skills and restore/rehabilitate an individual's social, interpersonal and community functioning. PSR services are provided by an individual with at least 2 years of experience working with children. These services are typically two hours long and individuals receiving these services are provided with a \$20/month allowance to go towards activities that facilitate individual treatment goals. PSR providers utilize social interactions, game play, physical activity, and practical discussion regarding goals to help clients develop healthy daily living skills, social skills, and positive personal competency.

YPST (Youth Peer Support and Training): These services are formal and informal services and supports provided to youth who are experiencing, social, medical, emotional, developmental, substance abuse and/or behavioral challenges in their home, school, placement, and or community. Providers of these services are trained individuals who are under the age of 30 and act as mentors to individuals. Services are provided in the home or in the community and are typically two hours in length.

FPSS (Family Peer Support Services): These services are formal and informal activities and supports provided to families caring for/raising a child who is experiencing social, emotional, medical, developmental, substance use, and/or behavioral challenges in their home, school, placement, and/or community. Services are provided by trained individuals who act as mentors and guides to the family as they navigate situations encountered while caring for a youth experiencing the issues stated above. Family Peer Advocates can assist in directing the family to appropriate services, navigating IEP/school meetings, and engaging with different providers. Services are provided via telehealth, in the home, or in the community.