

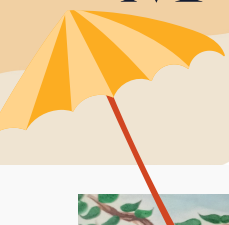


VANDERHEYDEN

Giving new life to youth, adults and families

MONTHLY NEWSLETTER

JULY 2023 | SUMMER AT VANDERHEYDEN

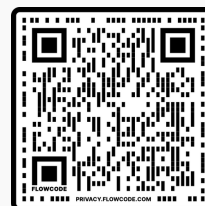


We need your support!

Please consider setting up a recurring gift, like a monthly or quarterly donation. Constant gifts offer continuous support to our Vanderheyden programs. It also assists in our long-term planning and goals.

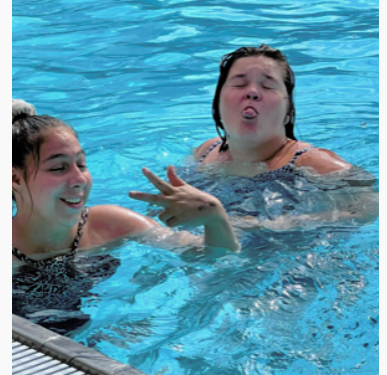
Ways to donate:

Scan the QR code to make a donation
visit our website at www.vanderheyden.org
Mail your monetary donation to:
Vanderheyden;attn Development Department
PO Box 219, Wyanntskill, NY 12198



Community Services

July 2023



*Staff Team building
Cinch 'Em Up Stables*

*Summer fun at
Bessey House*

Community Services get together

Vanderheyden's Community Services program hosted its annual Summer Party! It was a great day for the many different programs and locations throughout Community Services to come together and have fun. This year's event was at Uncle Sam's Lanes, and it was a hit. A special thanks to the many Community Services team members who made the night a success!



Cooking Class



Vanderheyden residents are learning new life skills each week on the Residential campus. Every Monday night there is a cooking class in the Career Center Kitchen. Since starting the program, residents have been given an opportunity to cook and practice safe ways to use an oven and stove, along with the importance of a clean kitchen environment.

Fourth of July



The Residential Treatment Center celebrated Fourth of July with a classic BBQ! Residents were enjoying the pool, yard games and tasty treats.

Recreation

Summer is always packed with amazing activities. In July, our Residential Treatment Center enjoyed hiking, tubing, go-karting, batting cages, The New York City Ballet at SPAC, The Circus, and concerts at the Empire State Plaza, just to name a few.



"When we are working with the individuals, teaching them something like healthy coping skills, we end up learning more about ourselves as well."
- Jamie, House Manager



Sanctuary Potato Bake

July 2023

Thank you to the team members and individuals who made The Sanctuary Potato Bake possible! Each year, Vanderheyden hosts a Potato Bake to promote Emotional Intelligence, one of The Sanctuary Institute's 7 commitments in effort to maintain Vanderheyden's Trauma-Informed Care.

It has been a fun (and tasty) way to communicate ways to describe our emotions through adding different toppings to your baked potato. Sassy Salsa, Chipper Cheese, Brave Butter, Self-Conscious Sour cream, and many other toppings giving some names to our emotions! How are you feeling today?



NON-VIOLENCE
BUILDING SAFE ENVIRONMENTS
EMOTIONAL INTELLIGENCE
MANAGING FEELINGS
SOCIAL LEARNING
RESPECTING IDEAS
DEMOCRACY
SHARED DECISION MAKING
OPEN COMMUNICATION
SAYING WHAT YOU MEAN
NOT BEING MEAN WHEN YOU SAY IT
SOCIAL RESPONSIBILITY
TEAMWORK
GROWTH AND CHANGE
CREATING A HOPEFUL FUTURE
EQUITY
HONORING DIFFERENCES, ELIMINATING
BARRIERS, AND SUSTAINING JUSTICE.



Thank You!

July 2023

Rose & Kiernan Foundation



Thank you to Christopher Geagan and his team at Rose and Kiernan Charitable Foundation for donating \$7,000 to Vanderheyden. Your contributions are essential, and we appreciate your continued support.

Nuclear Bros Circus



A special thank you to Garden Bros Nuclear Circus for donating nearly 50 tickets to the Residential Treatment Center.

CentiMark Donation



Thank you, Brian and the team, at CentiMark Corporation for continually supporting Vanderheyden. This year, CentiMark donated \$500 to Vanderheyden, making it the third year in a row Vanderheyden has been a recipient of their generosity.

Subaru Shares the Love



Thank you to Subaru of Troy your generous donation of \$25,000 through Subaru's Love Promise. The Subaru Love Promise is their vision of respecting all people and to work to make a positive impact in the world. A special thank you to manager Paul Lynch and his team at Subaru of Troy for their continued generosity.

Victory Church

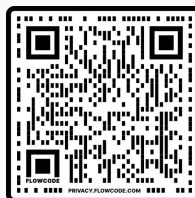
Many individuals who come to Vanderheyden arrive only with the clothes on their backs. Thank you to Nancy and Pastor Charlie of the Victory Church in Albany for their continued generous clothing donations.



Volunteer at Vanderheyden



All types of volunteers are needed at Vanderheyden. Whether it be through volunteering at fundraising events, in an office, building a shed, painting a wall or helping to mentor or tutor a resident, all are making a difference in the care we provide to our youth, individuals and families.



Scan the QR code to inquire about volunteering or visit our website at www.vanderheyden.org



The Vandy Thrift Shoppe



Much more than just a store:

Vanderheyden students, team members, clients, and other agency members work collaboratively to operate and manage the Thrift Shoppe.

This project-based approach focuses on the operation of the storefront to teach valuable transferable and work-specific skills that can be applied to a variety of industries later in personal working experiences.



Contact

(518) 650 -6770
vandythrift@vanderheyden.org

Visit

412 Broadway
Albany, NY 12207

Guest Cashiers



Dawn Abbuhl

This month, Dawn Abbuhl, President of Repeat Business Solutions volunteered her time to The Vandy as a guest cashier. The Vandy Thrift Shoppe welcomes Capital Region area dignitaries and leaders in local businesses to inquire about being a guest cashier.

This collaboration with companies and dignitaries has been successful in raising awareness for Vanderheyden and is a fantastic opportunity for collaboration and connection throughout the Capital Region.

To inquire about being a guest cashier, contact:
vandythrift@vanderheyden.org

We are hiring!

Sundays Per Diem

Are you retired? In school and don't have much time?
Are you looking to make a difference with your time?
The Vandy Thrift Shoppe is hiring a Per Diem team member for Sundays.

Visit our website to apply today or contact:
vandythrift@vanderheyden.org

Hours

W F 11 - 2 | TH 11 - 6 | SAT SUN 12 - 6

