

2015-2016

ANNUAL REPORT



VANDERHEYDEN

Giving new life to youth, adults and families since 1833
•Family Focused •Trauma Informed •Community Based



The image in the photo was designed and painted by Vanderheyden students.

VANDERHEYDEN'S MISSION
TO EMPOWER YOUTH, ADULTS AND FAMILIES
TO BUILD BRIGHTER FUTURES

VANDERHEYDEN

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ACCREDITATION

Vanderheyden is accredited by the Sanctuary Institute, a national organization committed to the integration of peaceful responses to trauma-induced behavior throughout every level of organizations that work with traumatized individuals. Our accreditation was a result of a multi-year effort to build a structure that incorporates seven principles into the day to day operations of Vanderheyden:

- non-violence
- emotional intelligence
- social learning
- open communication
- social responsibility
- shared governance
- growth and change.



A message from the CHAIRMAN OF THE BOARD AND PRESIDENT & CHIEF EXECUTIVE OFFICER

Dear Friends,

As we look back and review the year, we had so many wonderful celebrations, such as our 8th Community Fall Festival, 2nd Oktoberfest, 32nd Family Turkey Dinner, 35th Annual Turkey Trot, Graduation and of course, the 1st Royal Gala. It is amazing to think about all that has taken place last year and how Vanderheyden has grown. We take pride in serving youth, adults and families with a wide range of programs and services to change a life...to save a life.

We begin our 184th year striving to be the best place to live, work and go to school. Vanderheyden continues its transformation and is committed to being family focused, trauma informed and offering a community based system of care. You are always welcome to visit and take a tour to learn more about our mission at Vanderheyden.

On behalf of our Board of Directors we thank our team members, donors, community partners and volunteers for their dedication and support.



Scott St. George

Scott St. George
CHAIRMAN OF THE BOARD



Karen Carpenter Palumbo

Karen Carpenter Palumbo
PRESIDENT & CEO

MEMBER OF

COFCCA





WHO WE ARE

Vanderheyden is recognized as one of the premier youth, adult and family service agencies in the Capital Region of New York, serving over 500 individuals and families each year. For more than 180 years, we have been providing programs and services to youth and adults from over 30 counties in New York state who:

- Have been abused, neglected or abandoned.
- Have emotional, academic and behavioral challenges.
- Have developmental disabilities.
- Are caring for a special needs child or individual at home.

SERVICES

Vanderheyden offers a wide range of programs and services to youth, adults and families through various residential programs on our campus in Wynantskill, New York and in the local community as well as community based supportive services and programs that encompass a wide geographic area.

YOUTH

Campus Residential Treatment Center

- 7 cottages in a home like settings for youth ages 12-21.
- Diagnostic Respite Center that provides up to a 90-day assessment for youth 12-21 who are in crisis.
- All youth receive services that include skill building and relationship development, therapeutic recreation, medical, psychological and psychiatric counseling and assessment.

Education

Fully accredited Richard A. Desrochers Educational Center offers 7-12 grade programs for students that live on our campus and others that live in the surrounding community.

- Opportunity to earn a Regents, a local or a career development and occupational studies commencement certificate (CDOS).
- Older students with multiple disabilities may earn a diploma in an intensively-staffed setting, while learning vocational and job skills with an on-site job coach and transition coordinator.



Supportive Living - Surrounding Communities

- Males and females ages 12-21 live safely in two group homes, where they attend school in the community and receive services that include life skills building and relationship development, counseling, family counseling and crisis management services.
- Young adults live in the supervised independent living program apartments, with support to learn skills necessary to live on their own when they are discharged at age 21. They work and/or go to school and receive services that include valuable life skills development.
- Bridges to Health program provides support that includes skill building, employment assistance and job shadowing for individuals.



ADULTS

Vanderheyden continues to recognize the importance of facilitating housing support and vocational job placement for people with developmental disabilities. Service provision has grown over the last year along with Vanderheyden adding new services to promote inclusion, integration, relationship building for individuals to assist them in being thriving citizens!

Adults with developmental disabilities live in two types of Residential Alternatives

- The Individualized Residential Alternative (IRA) program consists of certified supervised group homes with up to 8 individuals living in a home in the community. These adults can live with Vanderheyden for the rest of their life if they choose to. These homes have 24/7 support, care and supervision and are located in the communities of Troy, Glens Falls, Averill Park, Schodack, Rensselaer and East Greenbush.
- The Community Support Individualized Residential Alternative (CSIRA) program provides apartments in Troy, East Greenbush and Albany where adults receive the level of support they need to continue to thrive.

Day Services

- Day Hab Without Walls is a 5 day a week program that provides community-based volunteer and recreational experiences that build skills and develop competency.
- The Residential Community Habilitation is for individuals living in a supervised OPWDD (Office for People with Developmental Disabilities) residence. A team member works with the individual to access resources and support to be part of the community. Last year 284 hours of service was provided.

FAMILIES

Medicaid Service Coordination

- Families/individuals received 5,148 hours of liaison work to assist them in accessing needed services and resolving legal, education, and financial issues through Medicaid Service Coordination.



Community Habilitation

- Community Habilitation services are provided at home and in the community to help individuals to learn and keep the skills they need to live safely and more independently; meet people; take part in community activities; be part of their community.
- Families/individuals with a developmental disability received over 1,453 hours of these services.

Crisis Respite

- Provides lodging on our campus to allow parents, caregivers and youth time apart during a challenging time.



Individualized Services and Support (ISS)

- Ensures individuals are able to live independently by providing funds to pay for housing costs and on a limited basis, for such things as food, transportation and clothing.
- These individualized services include more opportunities for self-direction and independence.

Bridges to Health (B2H)

- Provided 471 hours of services in home and in the community.
- Family/care giver supports and services.
- Special needs community advocacy and support.
- Planned respite and immediate crisis response services.

Home and Community Based Service Waiver

- Provided needed services to children and families to enable their family to remain intact.
- 255 hours of respite services.
- 216 hours of skill building services.



Thank you to all our community partners!

The list below reflects community support to Vanderheyden between July 1, 2015 to June 30, 2016. We are grateful to all who have partnered with Vanderheyden during this time period.



COMMUNITY PARTNERS

Ambiance
Bridal Gallery by Yvonne
Bryant & Stratton
Cap Com Cares Foundation
College of St. Rose
Davidas Salon
Emma Willard
Famiglia Salon
Hudson Valley Community College
Kohls Albany
Mohawk Honda
Orlo Salon

Outback Steak House Albany
Raymour & Flanigan
Regeneron Pharmaceuticals
RPI
Rumors Salon
Sage College
Schenectady Chapter of Therapy
Dogs International
Southwest Airlines
SUNY Albany
UHY Advisors

Thank you to all our donors!

DONORS

Thank you to all our generous donors and volunteers between July 1, 2015 to June 30, 2016.

Stephanie Abizaid
Jennifer Agar
Kathryn Allen
Toni Allison
David & Donna Amiraian
S. Anderson
Mark Armstrong
Zamira Ashe
Doug and Janet Bailey
Douglass Bailey
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Mare Whitney
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Paul Winston
Mary Lou Wood
Carter Yamar
Ashley Yole
Paul & Dixie Yonkers
Cathy Yudzevich

Businesses/Organizations
Accuprint
Alpha Epsilon Chapter at Rensselaer
Polytechnic Institute
AmazonSmile Foundation
Ambient Environmental
American Clothing Recycling Co., Inc.
American Mobile Dental Corp
Barrett Associates
Bouchey & Clarke Benefits, Inc.
Brown & Weinraub PLLC
Brown's Brewing Co
Brunswick Church
Bubonia Construction
Burger21
CAP COM Federal Credit Union
Carbone Auto Group
Carhartt
Christmas Wish Campaign C/o 810 WGY
Crisafulli Brothers
DiCarlos Autobody
Digitalfirst
Enterprise Fleet Management, Inc.
Evangelical Lutheran Society
Ferra Automotive, Inc
FJC Foundation of Philanthropic Funds,
Carla Rasmussen Chiaro

Fleet Feet Sports Albany
Girls and More
GTM Payroll Services
Hannaford Supermarkets
Hugh Johnson Advisors LLC
Joey G's
John Ray & Sons
Joseph P. Mangione, Inc
June's Unisex Hairstyling
KeyBank
Kohl's
KPMG
Ladies Philoptochos Society of
St Basil Greek Orthodox Church
Last 500 Gifts
Lia Auto Group
Louis Weinberg Foundation, Inc.
Love Family Foundation
LPL Financial Foundation
Mad Hatter Antiques
Marvin and Co
Mattress Xpress
Mohawk Honda
N&L Auto Body
National Credit Union
Network for Good
North Greenbush Kiwanis
Northeast Parent & Child Society, Inc
Northshire Bookstore
NYSUT
Our Lady of Victory
Outback Steakhouse
Poestenkill Seniors
Price Chopper Golub Foundation
Proctors
Raymour & Flanigan
Repeat Business Systems
Regeneration
Renaissance Corporation of Albany
Rhema Revealed Ministries
Rose & Kiernan
Rumors Salon and Spa
Scott Varley Group
SEFCU
SEFCU Foundation
Selkirk Cogen Partners
Sephora
Siena College
Six Flags
Southwest Airlines
Spiral Designs
St.Basil Greek Orthodox Church
St Jude the Apostle Rosary and
Altar Society
Stewart's Shops
Sycaway Bicycle Sales & Services
Sysco Foods
T.G.I Fridays
Taconic
Target
The GE Foundation
The Home Depot
The M&T Charitable Foundation
The Robinson Family Foundation
TLC Central, LLC/Applebee's
Center For Security
Trader Joe's Company
Troy Bike Rescue
Troy Ladies of Charity
UHY Advisor's NY
Ungerman Electric
United Way - SEFA
Weidman, Jefferson and McKinley
Whiteman Osterman & Hanna LLP
Wilmington Trust (trust operations)
Yonder Farms

FINANCIALS

Vanderheyden
Net Income/(Loss) From Operations*
For Year Ending June 30, 2016

REVENUE

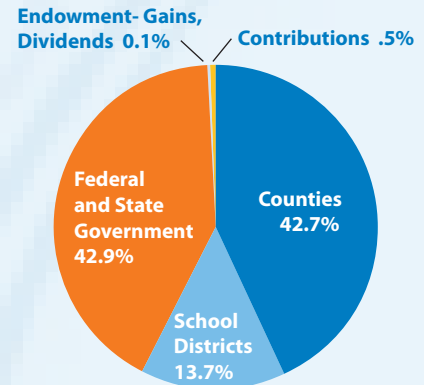
Counties	\$8,540,647
School Districts	\$2,746,347
Federal and State Government	\$8,579,546
Endowment- Gains, Dividends	\$20,539
Contributions and Fundraising	\$107,997
Total Revenue	\$19,995,076

EXPENSES

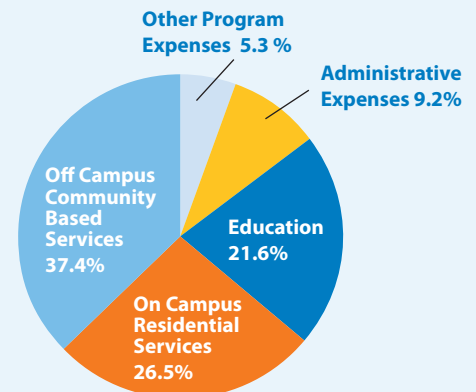
Education	\$4,217,831
On Campus Residential Services	\$5,184,045
Off Campus Community Based Services	\$7,299,842
Administrative Expenses	\$1,798,372
Other Program Expenses	\$1,040,161
Total Expense	\$19,540,251

Change in Net Assets Before the Effect of Actuarial Gains (Losses)	\$454,825
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Revenue By Source



Expenses by Program



FUNDING SOURCES

Vanderheyden's work and its \$20 million budget is funded by:

NYS Education Department
NYS Office of People with Development Disabilities
NYS Office of Children and Family Services
New York State Department of Health

*Excludes Actuary Adjustment to Expense for Defined Pension Plan totaling \$900,832.



TRANSFORMATION

Vanderheyden has taken initiative in creating a more family-inclusive environment and treatment approach. This initiative has 3 important goals of family engagement, organizational integration and training and support.

Clinical team members are now trained in Coaching Family Visits, an OCFS (Office of Children & Family Services) -approved family engagement model designed to prepare families for faster reunification. A comprehensive,

research-based family assessment tool is now available for use in determining the strengths and needs of new and current families affiliated with Vanderheyden. In addition, Therapeutic Crisis Intervention for Families is now being offered by a certified trainer, with the goal of providing this training service to caregivers of Vanderheyden youth in the near future.



Vanderheyden is also partnering with the START Children's Center of Rensselaer County and St. Anne's Institute to provide group therapy to adolescents with problematic sexualized behaviors and their caregivers within the greater Rensselaer County region. This therapy service is a positive intervention that is designed to keep youth in their homes while receiving the treatment they require. Future efforts in Increasing Family Engagement will include a broader consideration of the influence of all agency team members in our work with families. Vanderheyden is already doing great work to treat families, and this agency-wide strength will expand as more team members are included in the process!



DARREN'S STORY

MY FIRST APARTMENT

For the past few years Darren has worked hard developing and enhancing his independent living skills. With help from Vanderheyden, Darren has successfully taken another important and monumental step in his life.

Earlier this month, the Washington County native made the move to Vanderheyden's Supported Apartment Program in Queensbury after living at our Philo Avenue IRA (Individualized Residential Alternative) in Glens Falls. Darren had been one of the original residents of the home, which is celebrating a decade of providing support to young adults.

Darren says he loves the quietness of living by himself and the feeling of independence that comes along with it, but, he says he still visits his friends at Philo, where he was a well-liked and popular resident.

He says the support from Vanderheyden has been key in making his transition a smooth one. He says "Team Members are friendly and polite, and are good people to work with." Some of the life skills that they help Darren with include making a grocery list, shopping and paying bills.

When Darren is not taking care of his parakeet "Petey" (who was also a favorite at Philo) and working at Red Lobster in Queensbury, he can be found listening to a variety of music and watching movies from his extensive DVD collection.



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