October 2018



"Giving is not just about making a donation. It is about making a difference." - Kathy Calvin, CEO & President of the United Nations Foundation

For most of us, the upcoming Holiday Season is a joyful time to exchange gifts and unite with family and friends for the many traditions of the season. Can you envision what it is like not to have any gifts, family or a holiday meal?

Today we are reaching out to you because Vanderheyden serves more than 500 youth, individuals and families that do not have the opportunity to experience a Holiday Season on their own. At Vanderheyden, lives are being transformed for those that are seeking to overcome challenges and trauma in their lives.

Through the generosity of so many individuals, businesses, organizations and religious groups last holiday season, we were able to bring joy, excitement and smiles to those we serve.

"Two young men from an IRA were overjoyed to receive brand new/newly released video games. This made their Christmas as they had always played games that were a few years old."

"William loves Legos and when he was gifted Legos for Christmas, he played with them every day. His family saw how happy it made him, so they all pitched in to get him the Lego table to play on."

We sincerely hope we can count on you to make this upcoming season just as magical. Your monetary donations can provide so many gifts such as Great Escape passes, YMCA memberships, winter clothing, electronics, games, gift cards and the comfort that someone cares! Help us celebrate **Giving**, **Sharing and Caring!** 

Kindly complete the information on the enclosed form and return it to the address on the form or if you prefer to email the form send to <a href="mailto:rdoptis@vanderheyden.org">rdoptis@vanderheyden.org</a> as soon as possible. We will reach out to you when we have matched your commitment with our youth, individual(s) and families. You can also make a donation on our website home page <a href="www.vanderheyden.org">www.vanderheyden.org</a> — by clicking on "Donate Now" and look for the Holiday Support Program. Please support Vanderheyden in changing a life...to save a life. You will make a difference this Holiday Season!

May the Holiday Season bring you and your family much happiness!

Sincerely,

Karen Carpenter Palumbo President & CEO

Vanderheyden is a charitable 501(c)(3) corporation. Charitable gifts are tax deductible to the extent allowed by law.

P.O. Box 219, 614 Cooper Hill Rd., Rte.355, Wynantskill, NY 12198 www.vanderheyden.org 518-283-6500



# VANDERHEYDEN HOLIDAY SUPPORT PROGRAM



# **Helpful Information:**

- All gifts and gift cards should be dropped off at the Pattison Building/Administrative wing of the Vanderheyden Campus, 614 Cooper Hill Rd., Wynantskill, NY 12198.
- Wish room donations should be dropped off no later than December 14<sup>th</sup>.
- Christmas gifts and gift cards should be dropped off no later than December 14<sup>th</sup>.
- We ask that each individual receive gifts that are: a want, a need, a wear and a read.

#### PLEASE RETURN THIS PORTION

Yes, I/We would like to be part of the Vanderheyden Holiday Support Program

Name of individual or organization:	
If you are an organization, please provide a contact name:	
Address:	<u>*</u>
Telephone: Email:	
I/We would like to:	_
Adopt a family. Please note the size of the family you wish to a	dopt:
Adopt an individual: Adult Youth	Teen No Preference
Adopt a Cottage or Group Home: Males Females	Co-ed No Preference
I would like to donate a gift card: \$25 \$50 (Price Chopper, Hannaford, Shop Rite, Walmart, Target, Kohl's, 21 and iTunes are preferred)	Footlocker, Dave & Busters, Trampoline Park, Rue
I would like to purchase gifts from the wish list.	
I would like to make a donation to the Holiday Program to be us	sed as needed for those served by Vanderheyden.

Please return the bottom half of this form as soon as possible to:

Vanderheyden Holiday Support Program

P.O. Box 219 Wynantskill, NY 12198 Fax to: (518) 874-4962

Email: rdoptis@vanderheyden.org

For more information, contact Robin Doptis at (518) 283-6500 x292



#### VANDERHEYDEN'S HOLIDAY WISH LIST

The items listed are basic needs of the residents and families they often go without because they cannot afford them. The purpose of the Wish Room is to make sure that all of the residents/families receive gifts, if they have not been adopted. Once assured that all of the residents and families have gifts, the youth in the programs are allowed to find gifts for their family members, and staff to pick out gifts for the residents that do not go home for the Holidays. Any items that might be left over are distributed to the group homes and independent living facilities.

#### Toiletries for males and females

Body wash/Soap
Shampoo/Conditioner
Deodorant (men's & women's)
Toothpaste and Toothbrushes
Scented Lotion
Make-up kits & Nail polish
Hygiene products (men's & women's)
Brushes and accessories
Cologne/perfume/body sprays
Axe lotion (no aerosols please)
Hair dryer/ Curling iron/ Flat iron

## Toys- baby through teens

Action figures (wrestlers, superheroes, dinosaurs)
Legos, building blocks (all types and age groups)
Board games & Card games
Dora and Diego dolls and toys
Elmo dolls and toys
Hot Wheels and Matchbox cars and trucks
Puzzles
Remote control cars
Transformers
Nerf toys

#### Gift Cards

Movie theaters/ Recreational Fast food/ Restaurants Music stores/ iTunes Discount or department stores

# Hobbies - baby through teens

Activity sets (jewelry, pottery, beads, knitting, tye dye)
Arts & Crafts (coloring books, crayons, paper, paints/brushes)
Model cars and Airplanes
Musical instruments (guitar, keyboard, drums)
Scrapbook supplies
Art sketch books

#### **Books**

Elementary School Age – Young Adult Diaries/ Journals/ Stationary

# **Household Items**

Towels and washcloths
Full or twin size blankets and sheet set
Unbreakable lamps
Wall hangings

#### Electronics

Wii System
DVD's (no R ratings please)
CD's (no parental advisory please)
Portable CD Players or MP3 players
Over the ear head phones
DVD Players
Hand-held electronic games
Video games (rated E only please)

# **Apparel & Accessories**

Jeans (adult sizes)

Undergarments (undershirts, boxers, briefs, panties, socks and tights in youth sizes)
PJ's (youth and adult sizes)
Slippers (youth and adult sizes)
T-shirts – dark colors sizes women's or men's M, L, XL, 2XL Hooded sweatshirts - sizes women's or men's M, L, XL, 2XL Jewelry (earrings, watches, wallets)

## Winter Apparel

Boots (Women's or Men's)
Winter coat for boy or girl (ages 8-28)
Hats, mittens, scarves
Winter coat sizes women's L, XL
Winter coat sizes Men's L, XL, 2XL

## **Sporting Goods**

Fishing poles and accessories
Football, basketball, soccer, volleyball (authentic and Nerf)
Snow sleds
Baseballs and baseball gloves
Duffel or sports bags
Air pumps

### Kitchen Items

Pots and pans sets
Toaster oven
Coffee maker
Dish sets
Kitchen utensils (spatula, mixing bowls, mixing spoons)
Paper towels
Silverware (services for 12)

#### Miscellaneous

Batteries (AA, AAA) Desk calendars Wrapping paper Christmas candy & Christmas stockings