

MONTHLY NEWSLETTER

AUGUST 2023 | SUMMER AT VANDERHEYDEN





TUBING





KONA ICE

CAMPING

We need your support!

Please consider setting up a recurring gift, like a monthly or quarterly donation. Constant gifts offer continuous support to our Vanderheyden programs. It also assists in our long-term planning and goals.

Ways to donate:

Scan the QR code to make a donation visit our website at www.vanderheyden.org Mail your monetary donation to: Vanderheyden; Development Department PO Box 219, Wynantskill, NY 12198





Camp Bessey

Camp Bessey consists of two weeks filled with amazing activities and experiences for our individuals at Vanderheyden's Bessey Group Home. A special thank you to Bridget, Vanessa, Dominick and the entire Bessey team for providing these incredible opportunities to our residents.

In their first week, Camp Bessey visited Animal Land, Zoom Flume and Tubby Tubes, just to name a few. More activities and new experiences to come in week two!



August 2023

Kona Ice Truck

Thank you to Vanderheyden's Human Resources team for arranging a visit from the Kona Ice Truck! The weather was perfect, and the snow cones were greatly enjoyed by both team members and the individuals we serve.



Music Speaks

<u>Music Speaks</u> is a music therapy group that was arranged by Sarah Dallas, Director of Vanderheyden's OPWDD program for these sessions to take place in one of Vanderheyden's group homes every other week.

Sharon, a music Therapist, has been running the group since mid-February. She often incorporates holidays and seasons as themes for each session. She plays pop, folk, rock and classic childhood songs to get everyone engaged. It gives them the opportunity to let loose by singing, dancing, and playing instruments. It's influenced the other team members to play more music around the house for the residents to enjoy because of its positive impact. Vanderheyden believes that music is therapeutic and is necessary for the individuals we serve. Many other programs across the agency have music groups available for the individuals we serve.





The Vandy Thrift Shoppe



Much more than just a store:

Vanderheyden students, team members, clients, and volunteers work collaboratively to operate and manage the Thrift Shoppe.

This project-based approach focuses on the operation of the storefront to teach valuable and transferable work specific skills that can be applied to a variety of industries as they continue their employment journey.





Visit

412 Broadway Albany, NY 12207





Contact (518) 650 -6770 vandythrift@vanderheyden.org

Shopping with a purpose



Our Day Habilitation program promote skill building in the areas of relationships, community inclusion, and self-advocacy for overall greater independence.

The Day Hab Without Walls Program is out in the community each day. The individuals participate in activities such as volunteering at nursing homes, senior centers, churches and The Vandy Thrift Shoppe.

Annabella, Amanda & Laura are at The Vandy Thrift Shoppe each week working on their job skills. They all hope to eventually work in retail using the skills that they learned at The Vandy Thrift Shoppe.

We are hiring!

Are you retired? In school and have an hour free? Are you looking to make a difference with your time? The Vandy Thrift Shoppe is hiring a Per Diem team member.

> Visit our website to apply today or contact: vandythrift@vanderheyden.org

Hours

W F 11 - 2 | TH 11 - 6 | SAT SUN 12 - 6



August 2023

Thank you!

Vanderheyden Awarded \$346,141 to support vulnerable families in Rensselaer County

The New York State Office of Court Administration's Division of Professional and Court Services has awarded Vanderheyden a grant in the amount of \$346,141 to provide Enhanced Parenting Time Services (EPTS) to the Rensselaer County Family Treatment Court.

"Vanderheyden's mission empowers youth and families to build brighter futures," says Karen Carpenter, President and CEO of Vanderheyden. "The Enhanced Parenting Time Services program provides another opportunity to support vulnerable families to help them live their best lives."



Click here to read the full Press Release, or visit our website!

Get involved!

Community groups, individuals, business and organizations come together to help Vanderheyden's youth, adults, and families. At Vanderheyden, we value our volunteers and realize the impact they have to the successful operation of our agency. All types of volunteers are needed at Vanderheyden. Whether it be through volunteering at fundraising events, in an office, building a shed, painting a wall or helping to mentor or tutor a resident. Please help us make a difference in the care we provide to our youth, individuals and families.





Scan the QR code to inquire about volunteering or visit our website at www.vanderheyden.org



Save the date!



Vanderheyden turns 190

Vanderheyden will be hosting a 190th anniversary Block Party in Downtown Troy on **Saturday, October 21st**, 11am to 1pm. This celebration will be free of charge as a give back to the Community of Troy, where Vanderheyden started back in 1833.

The celebration will be an extension of Vanderheyden's Sanctuary Fall Fest and Student Council Carnival. Pumpkin painting, music, carnival games, inflatable bouncy houses and sweet treats will be free of charge on behalf of the celebration.









