



VANDERHEYDEN

Giving new life to youth, adults and families since 1833
•Family Focused •Trauma Informed •Community Based

October 2019

"Do your little bit of good where you are; it is those little bits of good put all together that overwhelm the world." – Desmond Tutu

Greetings:

For most of us, the upcoming Holiday Season is a joyful time to exchange gifts and unite with family and friends for the many traditions of the season. Can you envision what it is like not to have any gifts, family or a holiday meal?

Today we are reaching out to you because Vanderheyden serves more than 500 youth, individuals and families that do not have the opportunity to experience a Holiday Season on their own. At Vanderheyden, lives are being transformed for those that are seeking to overcome challenges and trauma in their lives.

Through the generosity of so many individuals, businesses, organizations and religious groups last holiday season, we were able to bring joy, excitement and smiles to those we serve.

"Last year at Vanderheyden's Thanksgiving dinner, I took my client Mary and her mother Debbie. Debbie has been with Vanderheyden a very long time but never attended the dinner. They sat at the table with my own 3 children and my 2 grandkids. Afterward Debbie said it made her day, and her Thanksgiving season the best ever!"



We sincerely hope we can count on you to make this upcoming season just as magical. Interested in adopting an individual, family or program but don't have the time to shop?! Let us know as we have a team of shoppers on standby to help! Your monetary donations can provide so many gifts such as winter clothing, toys, YMCA memberships, electronics, games, and the comfort that someone cares! Help us celebrate **Giving, Sharing and Caring!**

Kindly complete the information on the enclosed form and return it to the address on the form or if you prefer to email the form send to rdoptis@vanderheyden.org as soon as possible. We will reach out to you when we have matched your commitment with our youth, individual(s) and families. You can also make a donation on our website home page www.vanderheyden.org – by clicking on **"Donate Now"** and look for the Holiday Support Program. Please support Vanderheyden in changing a life...to save a life. You will make a difference this Holiday Season!

May the Holiday Season bring you and your family much happiness!

Sincerely,

Karen Carpenter Palumbo
President & CEO

*Vanderheyden is a charitable 501(c)(3) corporation.
Charitable gifts are tax deductible to the extent allowed by law.*

P.O. Box 219, 614 Cooper Hill Rd., Rte.355, Wynantskill, NY 12198 www.vanderheyden.org 518-283-6500



Sanctuary Institute Certified



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VANDERHEYDEN HOLIDAY SUPPORT PROGRAM

Helpful Information:

- All gifts and gift cards should be dropped off at the Pattison Building/Administrative wing of the Vanderheyden Campus, 614 Cooper Hill Rd., Wynantskill, NY 12198.
- Wish room donations should be dropped off no later than December 13th.
- Christmas gifts and gift cards should be dropped off no later than December 13th.

PLEASE RETURN THIS PORTION

Yes, I/We would like to be part of the Vanderheyden Holiday Support Program

Name of individual or organization: _____

If you are an organization, please provide a contact name: _____

Address: _____

Telephone: _____ Email: _____

I/We would like to:

☐ **Adopt a family.** Please note the size of the family you wish to adopt: _____

☐ **Adopt an individual:** _____ Adult _____ Youth _____ Teen _____ No Preference

☐ **Adopt a Cottage or Group Home:** _____ Males _____ Females _____ Co-ed _____ No Preference

☐ Adopt a family, individual or program, **but would like Vanderheyden to do the shopping.**

_____ Family _____ Individual (Adult or Teen) _____ Program

☐ Donate a gift card: _____ (please specify the \$ amount and store name)

☐ Purchase gifts from the wish list.

☐ Make a donation to the Holiday Program to be used as needed for those served by Vanderheyden.

Please return the bottom half of this form no later than December 1st:

Vanderheyden Holiday Support Program

P.O. Box 219

Wynantskill, NY 12198

Fax to: (518) 874-4962

Form or information can be emailed to: rdoptis@vanderheyden.org

For more information, contact Robin Doptis at (518) 283-6500 x292



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VANDERHEYDEN'S HOLIDAY WISH LIST

The items listed are basic needs of the residents and families they often go without because they cannot afford them. The purpose of the Wish Room is to make sure that all of the residents/families receive gifts, if they have not been adopted. Once assured that all of the residents and families have gifts, the youth in the programs are allowed to find gifts for their family members, and staff to pick out gifts for the residents that do not go home for the Holidays. Any items that might be left over are distributed to the group homes and independent living facilities.

Toiletries for males and females

Body wash/Soap
Shampoo/Conditioner
Deodorant (men's & women's)
Toothpaste and Toothbrushes
Scented Lotion
Make-up kits & Nail polish
Hygiene products (men's & women's)
Brushes and accessories
Cologne/perfume/body sprays
Axe lotion (no aerosols please)
Hair dryer/ Curling iron/ Flat iron

Toys- baby through teens

Action figures (wrestlers, superheroes, dinosaurs)
Legos, building blocks (all types and age groups)
Board games & Card games
Paw Patrol or PJ Masks toys
Hot Wheels and Matchbox cars and trucks
Puzzles
Remote control cars
Nerf toys
Transformers

Gift Cards

Movie theaters/ Recreational
Fast food/ Restaurants
Music stores/ iTunes
Discount or department stores

Hobbies – baby through teens

Activity sets (jewelry, pottery, beads, knitting, tie dye)
Arts & Crafts (coloring books, crayons, paper, paints/brushes)
Model cars and Airplanes
Musical instruments (guitar, keyboard, drums)
Scrapbook supplies
Art sketch books

Books

Elementary School Age – Young Adult
Diaries/ Journals/ Stationary

Household Items

Towels and washcloths
Full or twin size blankets and sheet set

Electronics

Headphones
DVD's (no R ratings please)
MP3 players
DVD Players
Hand-held electronic games
Video games (rated E only please)

Apparel & Accessories

Jeans (adult sizes)
Undergarments (undershirts, boxers, briefs, panties, socks and tights in youth sizes)
PJ's (youth and adult sizes)
Slippers (youth and adult sizes)
T-shirts – dark colors sizes women's or men's M, L, XL, 2XL
Hooded sweatshirts - sizes women's or men's M, L, XL, 2XL
Jewelry (earrings, watches, wallets)

Winter Apparel

Boots (Women's or Men's)
Winter coat for boy or girl (ages 8-28)
Hats, mittens, scarves
Winter coat sizes women's L, XL
Winter coat sizes Men's L, XL, 2XL

Sporting Goods

Fishing poles and accessories
Football, basketball, soccer, volleyball (authentic and Nerf)
Snow sleds
Baseballs and baseball gloves
Duffel or sports bags
Air pumps

Kitchen Items

Pots and pans sets
Kitchen utensils (spatula, mixing bowls, mixing spoons)
Coffee maker
Dish sets
Silverware (services for 12)

Miscellaneous

Batteries (AA, AAA)
Christmas candy & Christmas stockings
Wrapping paper