

**FAMILY FOCUSED • TRAUMA INFORMED • COMMUNITY BASED**

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## **VANDERHEYDEN AWARDED NATIONAL RECERTIFICATION**

Wynantskill, NY - Vanderheyden was recently awarded recertification by the national Sanctuary Institute. The Institute is a world leader in the field of trauma-focused care and implementation of the Sanctuary model of organizational change.

Vanderheyden which was originally certified in 2014, is one of 40 nonprofit organizations in the country to attain this prestigious distinction. The Sanctuary Model® represents a theory-based, trauma-informed, evidence-supported, whole-culture approach, which helps to build a safe environment where emotional and psychological healing can occur.

The Sanctuary Mission is to teach individuals and organizations the necessary skills for creating and sustaining nonviolent lives and nonviolent systems, and to keep believing in the unexplored possibilities of peace and well-being for all of humanity.

"Every day at Vanderheyden, our team members work diligently to change lives to save lives for over 500 individuals and families," says Karen Carpenter Palumbo, President and CEO. "We are thrilled to be recertified by the Sanctuary Institute and to be acknowledged by this National organization for our expertise in providing trauma informed care to those we serve."

Maura Psoinos, Vice President of Community Services, who led the recertification process, is also very excited about receiving the honor for another three years. "By obtaining this recertification we continue to work towards an Agency culture that embodies healing and a future of transformation, growth and change." Ms. Psoinos stated.

The Sanctuary Recertification Team noted in their report that there is a clear commitment to sustaining the Sanctuary Model at Vanderheyden.



*Vanderheyden is a charitable 501(c)(3) corporation. Charitable gifts are tax deductible to the extent allowed by law.*

P.O. Box 219, 614 Cooper Hill Rd., Rte.355, Wynantskill, NY 12198 [www.vanderheyden.org](http://www.vanderheyden.org) 518-283-6500

The seven Sanctuary commitments:

- Commitment to Nonviolence: building and modeling safety skills
- Commitment to Emotional Intelligence: teaching and modeling affect management skills
- Commitment to Inquiry and Social Learning: building and modeling cognitive skills
- Commitment to Shared Governance: creating and modeling civic skills of self-control, self-discipline, and administration of healthy authority
- Commitment to Open Communication: overcoming barriers to healthy communication, reduce acting-out, enhance self-protective and self-correcting skills, teach healthy boundaries
- Commitment to Social Responsibility: rebuilding social connection skills, establish healthy attachment relationships
- Commitment to Growth and Change: restoring hope, meaning, purpose

**Vanderheyden** began as the Troy Orphan Asylum in 1833 and has been providing services for more than 185 years. Today, our facilities offer a safe haven for youth, adults and families who have experienced family disruption, trauma, abuse, emotional difficulty, developmental disability and learning problems. The Richard A. Desrochers Educational Center at Vanderheyden is a Regents accredited 7-12 grade program. It provides education to individuals who are at risk of not succeeding at school, and those in need of a special education. Vanderheyden is a designated Children and Family Treatment and Support Services Provider. The agency is committed to a family focused, trauma informed, and community based system of care. Every day at Vanderheyden, we work to change lives to save lives. For more information visit [www.vanderheyden.org](http://www.vanderheyden.org) and follow us on social media.



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